ABHILEKHA

The Inscription Of Memorable Expressions Of

Mrs. Pushpa Gururaj
DISTRICT CHAIRMAN 2021-2022
Inner Wheel District 318
Editors Note

Dear Friends,

I hope you enjoyed reading yet another fresh edition of the chairman's newsletter!

It has always been an effort combined with joy and pride to write about the progress made by our beloved Chairman, Mrs. Pushpa Gururaj. She has continuously retained her enthusiasm in visiting several clubs in our district and in guiding us to do better.

This edition also includes brief biographies of the women entrepreneurs in our club. I hope it inspires us and also enables us to connect with them if required.

The newsletter has been set with the theme of introducing various points of interest in the Mysore District - I hope reading about them was interesting!

**krishna Raja Sagar Dam**

Krishna Raja Wadiyar IV Maharaj of Mysore constructed the dam during famine despite the critical financial condition in State. It was after him that the dam was named. One of the architects of the dam was Chief Engineer of Mysore M. Visvesvaraya. There is an ornamental garden, Brindavan Gardens, attached to the dam.

Construction began in November 1911, and 10,000 workers were employed.

The gravity dam made of surki mortar is below the confluence of river Kaveri with its tributaries Hemavati and Lakshmana Tirtha, in the district of Mandya.
Dear Inner Wheel Members, Namaste

“Where there are friends, there is Wealth”, yes, meeting our loving friends after a long time is the best feeling ever. Added to this, our happiness will be doubled when we make new friends. Nothing more exciting than meeting new people, hearing their stories, and being inspired. It is always nice exploring inner personalities.

A Conference is a platform to bring together people with common interests, to pool and develop new ideas. We can build stronger relationships through conferences. Attending the business sessions, helps us to make decisions, try to solve problems easily. Totally I can say that it provides a sense of direction.

“POORNITHA” - the 52nd Conference of our district is a good platform for all these activities. I am happy that you all have shown support through your participation. I am really happy about your overwhelmed response. Dear Friends, nothing more exciting than meeting new people, hearing their stories, and being inspired.

Thank you for being with me to share the joyous moments.
Yours in inner wheel
Pushpa Gururaj
District Chairman 2021-22

Dodda Gadiyara
The beautiful Dodda Gadiyara was installed by Nalwadi Krishnaraja Wadiyar in 1927 after completing 25 years of his rule and hence in its memory the structure was named Silver Jubilee Clock Tower.

The tower was installed on August 8, 1927 and the construction expense of this historical Clock Tower (Dodda Gadiyara) was Rs. 7,500, which was built in just six months. On four sides at the tower, the clock establishment, date, month, year and other details were engraved in Sanskrit, Kannada, English and Persian languages in marble stone in golden letters.
Dear District Chairman Pushpa,

Time revolves and so the Inner Wheel and its activities. Movement is life and change is the law of nature and if we do not change we stagnate. WE in Inner Wheel today are a strong group of 47000 plus members women with over 1500 vibrant clubs and we together are recognized as a robust and powerful force in the world. All of you have a great contribution in it and deserve congratulations.

I congratulate you for completing five successful months of Friendship and Service and showing great enthusiasm towards our organization and working together, keeping in mind the IIW theme ‘Pink First’ and the Association goals ‘Sheroes’.

Hearty congratulations for bringing out the District Chairman’s Newsletter ‘Abhilekha’ inscription of beautiful memories at the District Conference Poornitha. It is a testimony and mirror of your hard work and determination to keep the flag of District 318 running high.

You have been able to accomplish many targets in the previous months. I feel proud to see the strides in all key goal areas: Empowering women, promoting solar energy, hosting projects on environment and climate protection, workshops on importance of E-Education, awareness programs on eradicating social evils etc. The adherence and commitment for increasing membership, adding new clubs, and branding Inner wheel with a combination to maximize members interaction, attracting, and engaging youth and popularizing the events on social media is applaudable. The website is flooded with the innumerable projects you are doing. Congratulations and a big round of applause to all the club Presidents and members. You as the Leaders and visionaries have worked hard over the last five months to help guide the clubs.
Keep the momentum, keep the spirits high. This year a major event awaits you at Varanasi The Triennial Conference – “Envision 2K22-Think: Implement: Achieve. Promote the conference among your members to have their greater involvement and participation.

See you all at Varanasi at the Triennial Conference – make it special with your presence.

We work best when we work together
Together we can do more
Together we can achieve more

So together let’s contribute to make this year a Year of Success, a Year of Prosperity, a year of Satisfaction.

With Love
Saroj Katiyar
Association President & National Representative
Association of Inner Wheel Clubs in India

Lalitha Mahal Palace

This is the Lalitha Mahal, built by the erstwhile Maharaja of Mysore to host his most important guest, the Viceroy of India. The Lalitha Mahal is now one of India's most opulent hotels, a palace hotel that offers an experience of princely living in a real Maharaja's palace. On a low hill, just outside the royal city of Mysore, stand a shimmering white palace - a splendid Italianate palazzo, double-columned and domed - set in sprawling terraced and landscaped gardens. This is the Lalitha Mahal Palace, built by the erstwhile Maharaja of Mysore to host his most important guest, the Viceroy of India. The Lalitha Mahal is now one of India's most opulent hotels, a palace hotel that offers an experience of princely living in a real Maharaja's palace.
INNER WHEEL CLUB OF BYNDOR
INNER WHEEL CLUB OF KOTA SALIGRAMA
INNER WHEEL CLUB OF KUNDAPURA SOUTH
Confetti-Malligai, the South Zone Meet of 2021-22 hosted by Inner Wheel District 323 in Chennai on the 30th and 31st of October was a very refreshing experience. The host district ably led by District Chairman Mrs Kamala Selvam, guided by the versatile Association President Mrs Saroj Katiyar and the affable PIIWP Mrs Kamala Ramakrishnan had put in a lot of effort for the meticulously planned event. The Rajendra Hall of the imposing ITC Grand Chola was beautifully decorated and decked up to receive the three hundred guests! The hotel had taken all precautionary measures to ensure everybody's health and safety.

Eleven delegates from Dist 318 attended the meet. Her Excellency Dr Tamilisai Soundararajan, Governor of Telangana and Lt Governor of Puducherry inaugurated the two day meet. A gynecologist turned politician she came across as a simple, unassuming and grounded person. She spoke about Stree Shakti sharing real life examples from her experience as a doctor. Her speech was truly inspiring.

The seven IW districts of the South Zone-298, 316,318,319,320, 321 & the hosts 323 presented the varied cultures of their districts through dances and videos. A spectacular portrayal of Unity in Diversity.
Ms Suneeta Reddy, MD of Apollo Hospitals was presented with the SHEROES Award in recognition of her outstanding service to the community especially during Covid times. Ms Reddy, while accepting the richly deserved award, thanked and appreciated the IW members on their contribution towards making this world a better place.

The main sponsor of the event, Maganlal Diamonds had organized a ramp walk to display their dazzling diamonds and the models stole the show!

The next morning, the delegates got to pose with all the Who’s who of Inner Wheel! The photo session was indeed an opportunity to meet and greet the dignitaries.

It was time for all the participating districts to showcase the projects taken up by them under each heading of SHEROES! It was the exclusive honour of every District Chairman to present the amazing videos of the activities.

It was time for the Key Note Speaker Hon’ble Dr Justice Anita Sumanth to address the gathering. An erudite scholar, a prolific speaker- she won our hearts! She started with humility and extolled the virtues of Inner Wheel! She suggested that the meaningful goals given by IW every year be continued until they are achieved as one year is too short a time for clubs to fulfill all the ambitious plans that they have.
Many congratulations to the organizers on the choice of speakers for the event!

Women entrepreneurs from each district had an interesting panel discussion and Mrs Hemu Ramaiah founder of Landmark anchored. Our own PDC Jannavi Murthy spoke from her heart about her entrepreneurial journey.

Forty five members form the host District came on stage to perform different dances! A magnificent spectacle complete with colourful costumes, rhythmic music and vibrant movements! A Herculean effort! The food at the meet was a treat to our taste buds!

Confetti Malligai was a platform to make new friends and strengthen old bonds.

The fragrance of Malligai is sure to linger for a long time.
INNER WHEEL DISTRICT 318

Proudly Presents

Women Entrepreneurs of our District
Stree Shakthi
Goals given by Association President
Mrs. Saroj Katiyar

EMPOWERING WOMEN
SECURING LIVES

When WOMEN progress, Country will progress. There is no tool for development more effective than the Empowerment of Women. The objective for this year will be dedicated to the Super Woman in each one of us. To encourage Women Entrepreneurs, I am trying to create an E Directory of ventures of the Inner Wheel members of our District and upload the same on Association Website, thereby making it available for all the members to connect & contact directly for any requirements

Pushpa Gururaj
District Chairman - 2021-22
Seema Sadananda
Inner Wheel Club of Narasimharajapura
I W D - 318
Ph: +91 8762131301

Seema’s Riverstone Pots and Handicrafts

I make pots out of riverstones. These are available in different shapes and sizes. I even make customised pots as per needs.

Along with this I also make paddy thorana which completes the look of your main doors.
Anugna Bhushan
Inner Wheel Club of Hanbal Sakleshpur
IW D - 318
Ph:+91 8123439304, 9449044345

WEDDING ART AND CREATIONS

Wedding art (dry coconut carving, coconut design, thambula bag making etc) saree kutchu, embroidery, stitching etc
Suma Prakash
Inner Wheel Club of Mysore
I W D - 318
Ph: +91 9845271051

AYUSHKA YOGA THERAPY & WELLNESS CENTER

Ayushka yoga therapy and wellness Center is nestled in Yadavagiri, a yoga hub of Mysore. Here we provide yoga therapy for all issues like migraines, back ache, joint pain, stress, anxiety, depression and other disorders. We provide yoga massages, sauna, pranayama and meditation sessions for all. We also provide regular yoga classes for maintaining good health and cheer. Online and offline sessions are available with us.
Megha Vijendra
Inner Wheel Club of Mysore Central
I W D - 318
Ph: +91 9916246463

SHARADA JEWELLERY MART
We are dealers in Gold, Silver and Diamond Ornaments, Silver articles and idols. We specialise in Coorgi and Mangalorean traditional jewellery.
Samatha Misquith
Inner Wheel Club of Balehonnur
I W D - 318
Ph: +91 9242471166

Aquilina Life Care LLP
Aquilina life care is providing huge amount of opportunities to youth and ladies through MLM system.
Suchita Sanjay

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SUCHITA SANJAY

I am a certified hypnotherapist and a mindset coach. My mission is to help women realise their self-worth by having the right mindset to achieve their potential through Rapid Transformational Therapy.
“Happiness is not a GOAL... It’s a by-product of a life well-lived”,

Friends, Life is not about waiting for the Storm to pass.. It’s learning to dance in the Rain.

We were thinking that the world after COVID - 19 is unlikely to return to the world that was and there is no specific data on when situations will stabilize. What is good is that the people are learning valuable lessons through this global crisis. Life after COVID is sure to change for the better.

Because of less vehicular movement, pollution levels went down and nature flourished. The people are more likely to give priority to a simple yet rewarding lifestyle.

I am very happy that Namma Mysuru is coming back to normal. Tourism is flourishing. Schools reopened after a very long break. Only when we see a few people wearing masks, then we realize that CORONA is still there. But happy to see people moving around and visiting their near & dear ones.

Now it’s time to Refresh, Relax & Restart. Please enjoy the district Conference POORNITHA in Mysuru on December 18th & 19th. In conclusion, the tough times are sure to pass, leaving behind the wisdom of practicing compassion and caring for what genuinely matters in life. As people work together in breaking the chain of Coronavirus infection, a better world is emerging.

Thanking you,
Pushpa Gururaj
District Chairman
Dear friends

Merry Christmas

AND HAPPY NEW YEAR

FROM
PUSHPA GURURAJ
CHAIRMAN
INNER WHEEL
DISTRICT 378

Merry Christmas.
I want to thank you for all the love and happiness that you have given me.