



Inner Wheel Club of Mysore Midtown

Issue 03 * Sep. 2022

FRIENDSHIP DAY CELEBRATION

Bud's Forever

Abstaining from fun & frolic for two years, because of the new norms of social distancing, was like taking fish out of water for us Midtown girls. So, this year, we decided to make a comeback by celebrating the flagship

event of Innerwheel Mysore Midtown in a rather grand way. With Chamundi hill as the backdrop, a lush green lawn & a vintage club house, the Mysore Race Course Club House provided the perfect ambience. The theme



was set as entertainment, entertainment & entertainment only. As customary, we invited all the members of our sister clubs of Mysore & Nanjanagud to join us in the celebrations. The attendance by other clubs as well as our was impressive. Innerwheel song 'Standing Alone' was played with the members swaying their hands to the rhythm. After our president Mrs. Vimala Nagraj welcomed everyone officially, ISO Mrs. Sheila Urs announced the results to the various competitions conducted by her.



Prizes were given away by PDC Mrs. Chandrika Raghu & PDC Mrs. Anuradha Nandakumar. The meeting was adjourned after singing The National Anthem. Now began the fun part.



Throwing all inhibitions to the wind, everyone danced along to the music, played games & enjoyed to the max. After savouring high tea, the guests returned home with fond memories & we hosts, wrapped up the event, our avidity satiated.

- Savitha Srinath

President's Message

As we move into the third month of the IW year, I believe that IW provides abundant opportunities to learn & enable us to give back to our communities. I'm proud that IW makes it possible for us to do meaningful service. Blood donation camp, along with other organisations was a very meaningful and successful project. Thank you members for your participation and support. In the year ahead, we shall continue these activities. With ಗೊಂಬೆ ಹಬ್ಬ the glitter and grandeur of ನಮ್ಮ ದಸರ, the festivities in ನಮ್ಮೂರು have begun.

Enjoy girls

Editor's desk...

Haapy Dasara to all my friends!! We have successfully completed 2 months of charitable & pleasurable activities with an aim of service & friendship. Blood donation drive was one of the most meaningful & noble projects. Lets carry on with such good deeds & be a reason for somebody 's smile.

Khushi District Rally



The district rally is an event focussing on FRIENDSHIP - one of the mottos of IW. This year IWC Kushalnagar were the hosts for the rally and they left no stone unturned to make Sunday a funday for all those who attended. Five of us from Midtown - PDC Chandrika, Vimala, Lavanya and myself started from Mysuru to Kushalnagar on 11th September Sunday at 6:30 a.m. PDC Anuradha came along with other PDC s of our district. The cool weather, fresh air and the lush green surroundings made our travel by car very pleasant. A good breakfast awaited us at the venue. We also



exchanged pleasantries with Innerwheel members from other clubs. The official deliberations though short, were meaningful. Official invite for the district conference, by conference chairman, PDC Naina Achappa was made followed by the roll call by district secretary Vaishali Kudva. Entertainment program by IWC Kushalnagar members and some dance school students that followed was memorable. District chairman Mrs. Kavitha Niyath,



who is also a singer did not disappoint the audience. She in her melodious voice sang 'Dil deewana' to everyone's shouts and screams for Yeh Dil Maange More. Lots of games made its way in between, exciting prizes were won by members. Our ladies also shopped to their hearts' content at the various stalls. An elaborate and sumptuous lunch was served. All in all, it was a day of fun, frolic and entertainment for the big gathering of members who had come from all over the district. We returned back with fond memories of the trip and also appreciating the enthusiasm and efforts put in by this 7 year old club to make the event a successful one. Kudos!!

- PP Prabha Prahlad

Friendship Day



Best friends are real blessings of life!

It is said that we have two families; the one we're born into and the one we choose for ourselves. Is friendship accidental? Or deliberate? Whatever it is, friendship in itself is always a celebration. Then who assigned a day to celebrate friendship? Ofcourse the greeting card industry!

July 30th was promoted as the international friendship day or friend's day by Mr. Joyce Hall, the founder of hallmark cards in the year 1930. The United Nations finally in 2011 embraced July 30th to encourage the culture of peace and friendship.

However, many countries like India, Bangladesh, UK, UAE etc mark friendship day on the 1st Sunday of August every year.

Who knows better than us Indians that friendship is a strong bond between people which exists without any reason. Our rich cultural talks about Rama - Sugreeva, Krishna - Sudhama, Karna - Duryodhana and many more. We all have grown up listening to their stories since childhood. Do we need more examples to spread the shared spirit of friendship? Actually real friendship is not restricted to just one day in a year. Everyday is a good day to reconnect and have some memorable times with friends. But more importantly, be a friend to yourself first. Sometimes the person we are mean to is ourselves. Sri Sri Ravishankar Guruji quotes, "If we shake hands with our loneliness, we can experience ultimate bliss". So reach out, reach within and be a friend. ಸ್ನೇಹಕ್ಕೇಕೆ ಶಾಸ್ತ್ರದ ಹಂಗು? ಏನಂತೀರಿ?

- Kala Satyendra



Festivals Galore



Celebrations everywhere, fruits & flowers in abundance, special poojas offered to the deities in the temples, various culinary delights, people wearing colourful costumes, tiny tots enjoying the holiday bemused with all the traditional rituals that's going on in their home, excitement & merriment...festive season is really upon us.

The beginning of Shravana in the Hindu calendar marks various festivals lined up to be celebrated with happiness & glee. As a child, I remember my grandparents celebrating the festivals very traditionally. The prepping on the eve of the festival by shopping for flowers, fruits & other pooja items, tying toranas for all the doors, decorating the mantapam, was the most enjoyable part. Early morning abyanjana baths, huge rangolis in front of the gate & in front of the kitchen stove, the aromatic sumptuous "Naivedyam" dishes prepared as an offering to the deity for which we children used to wait restlessly to relish, new dresses, the pooja itself & then the serving of the lunch in an orderly manner on a banana leaf. The early evenings, when guests started to arrive for haldi kumkum, are some of the sweet memories that I can never forget. I also remember how our elders insisted us to clean up after the festivities which we were not very keen on, but that was a disciplinary action we had to follow. Now that I am an adult, (or am I?) I get them. We children used to have a lot of fun, but I think our elders were more concerned about following every ritual to the tee as set up by their ancestors. Over the years, many changes have been adopted in the observance of the festivals according to our convenience & mindset. I'm not saying it's wrong, changes are welcome, after all Change is the only constant in the world. Instead of practising some prejudiced customs which are accompanied by fear & guilt, people should enjoy the spirit of the festival. Well, let me not get into controversial matters here, the baseline is to preserve our culture & practice it for our next generation to follow, not just because of religious beliefs but because it gives depth to our moral values & attitudes & helps the society to practice sinless behaviour, which I would say is the need of the hour.

We have already performed "ಗಂಡನ ಪೂಜೆ ", you know what I mean - Jyothibhimeshwara pooje, Nagapanchami, Varamahalakshmi Vrat, Sri Krishna Janmashtami, Gowri Ganesh habba & a number of other festivals. Next is the much awaited Nadahabba Dasara which is just around the corner. The whole city will be lit up with colourful lights giving the vibe of a 'Fairyland'. Chinnara dasara, yuva dasara, kaigarika dasara, chitrakala mela, food mela, film festival, music & dance concerts, dramas, competitions, flower shows, navaratri doll shows, artefacts, you name it, everything is covered during this festival! The cynosure of eyes, both India and abroad will definitely be the 750kg Golden Howdah or the Chinnada Ambaari, which will be on display in the



me.com

palace. We have welcomed the majestic herd of elephants, "The Gaja Pade", to our city. Intense training sessions & rehearsals have been going on with them to carry the Golden Howdah in which Goddess Chamundeshwari will be seated on the last day of the festivities for the Vishwavikhyatha



Jumboo Savari. All eyes will be on the elephant carrying the howdah. Tens of thousands of people crowd all along the procession route to catch a wonderful glimpse of the parade.

All the energy, creativity, enthusiasm surrounding our festivals is because of the passion we have towards our culture. Passion speaks to us, guides us & we obey.

- Savitha Srinath

Projects...



Celebrating Krishna Janmashtami with the tiny tots- cute little Krishna's and Radhas at Beginner's Bench school. Distributed certificates to all the participants of the competition.



Art & Culture

Conducted Drawing and Debate competition for school children for age group from 5-15 years jointly with Rotary club of Mysore Midtown. Mr. Chetan Ram, Motivational speaker and Educationist, spoke about the importance of speaking skills in children, importance of learning different languages and also advised the parents and children about the importance of co-curricular activities in the life of a student.



Distributed Note books worth to the students of Vanitha Sadana. It was a joint project of 8 IW clubs of Mysore.



An Awareness talk on Menstrual Hygiene for Adolescent women, was organised by all the IW clubs of Mysore, at JSS College for women, Saraswathi puram, Mysore. The Resource person was Miss. Amrita Srinivasan, a student of Biology and Data science at Claremont McKenna College and President of Girls Power Central, Los Angeles.

More than 100 girls attended this session. Brochures about Menstrual hygiene & sanitizer sachets were distributed to the participants.



A joint Speaker meeting was organised with Rotary North and IWC Mysore North on Woman's Equality Day. Speaker was DR. B.C. Poornima, IAS, Deputy Director, I & B Ministry, Government of India.



Blood donation drive was organised by Akhila Bharathiya Terapanth Yuvak Parishad, in association with Rotary Clubs of Mysore, Mysore Midtown, IWC Mysore, GSS, etc. It was a very successful project. Totally, 1200 units of blood was collected from across different centres in Mysore. Our club members were incharge of the GSS centre in Kuvempunagar where around 122 units of blood was collected form the donors. IWCs of Mysore and Mysore Midtown were incharge of the breakfast and lunch at the GSS centre.

Our member Revathi Baliga & her son donated blood & has become a reason for somebody's heartbeat.



Donated ₹10,000 to Siddaramu, a psychology student who is doing his Masters in Mysore University- to buy a used Laptop.



Donated pre - owned books like Moral story books, picture dictionary, Dictionaries, puzzle books, to the library of a Government School at T Narsipura.

FLAG EXCHANGE



ISO PP Sheela Urs exchanged flag with Rashmi Rani of Bihar dist 325.

PDC Anuradha Nandakumar & ISO PP Sheela Urs met with District Chairman 323, Arasi Ponnunmazhi along with other club ISO's and President at Nalpak, Saraswathipuram. It was a friendship get together.



PDC Anuradha Nandakumar exchanged flags with IWC'S of Porur, Koppal, Chitradurga Fort & Agra at the South zone meet.



As a part of Independence day celebrations, our members enthusiastically participated in Har Ghar Tiranga campaign.



Fashion Divas...

Prameela, Amitha and Nandini were in Nandini's team ANAHATA with the theme 'JANANI' in a fashion show event conducted by Lion's sevaniktan club of Mysuru towards the fund raising event for Kidney Endowment Fund.

SYMPHONY 2022-23

SOUTH ZONE MEET



Hospet, the erstwhile Vijayanagara Empire, is located on the banks of the Tungabhadra River and is 12 km from Hampi. We have all read stories of the most famous king, Sri Krishnadeva Raya, who ruled the empire during the 16th century & how it reached its pinnacle of glory during his reign. This stately city acted as the platform for the south zone meet, Symphony 2022-23, hosted by District 316.

PDC Mrs Anuradha Nandakumar represented IW club of Mysore Midtown. When I asked her for a write up on the ceremony, she was so enthusiastic that, I could sense the fun & joy they had at the meet. She suggested that I do it in a picture descriptive way to make the read more interesting. So, let's enjoy it in Anu's version.

Fifty members from dist.318 attended the meeting. Colour code for our dist was, Green.



Host District 316 all set to welcome AP Dr. Surjit Kaur to SZM.



Gala procession by Host District 316 with Dollu Kunitha Dancers nearing the entrance of the venue Sai Rangamandira



AP Dr. Surjit Kaur was brought in a Doli to the dais. She emphasised on Women's Health. In the morning she had inaugurated Medical Health Camp for Women.



Lighting the Lamp and Inner Wheel Prayer by District Chairmen of 316, 318, 319, 320, 321, 323.



Bharatanatyam Prayer to Lord Ganesha.



EC Evening for Entertainment:- Every South Zone District performed a 3-minute group dance on Theme Rain. Team 318 for Shubha Mudgal's number.



Our dist 318 bagged 1st prize in Innerwheel quiz where 8 south zone districts participated.

The place, the hospitality, the esteemed company, the shopping spree...I'm sure everyone would have had a gala time. Anu has also exchanged our club flag with four other Innerwheel clubs. Thanks Anu for representing us, for the flag exchange & for the glimpses of what seems to be an organised, sophisticated & joyful meet.



Mrs. Zenaida Farcon
IIW President



Mrs. Surjith Kaur
Association President



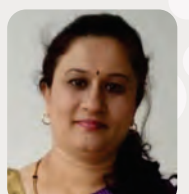
Mrs. Kavitha Niyath
Dist. Chairman



Mrs. Vimala Nagaraj
President



Mrs. Prabha Prahlad
Hon. Secretary



Mrs. Savitha Srinath
Editor