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Aralu Mallige

Charter No. 2823  
Dist. 318 India

**Inner Wheel Club of Mysore Midtown**

**Issue 01 \* July 2022**

## OUR INSTALLING OFFICER

I am profoundly delighted to introduce PDC Mrs. Jannavi Murthy, a charismatic lady who is a Chief Perfumer in her family business. The process of creating a fragrance is such an abstract idea which needs a lot of creativity and Jannavi has taken upon the responsibility very efficiently in their internationally renowned Cycle Pure Agarbathis. This able lady has a bachelor's degree in education and master's degree in history & is married to Mr. R N Murthy who is on the board of NR Group, makers of Cycle Pure Agarbathis and other businesses. She is blessed with two sons Arjun, who is married to Dr. Vidya, and Anirudh, who is married to Aparna, and a beautiful daughter Preethy, married to Hunter Downey. She is a proud grandmother of Karan, Nisha, Rohan and Anya Downey.

Jannavi is one of the pillars of strength in her family. She is closely associated with the service activities of N. R. Group, the business group of the family. She was a honorary principal and a teaching faculty for over 15 years in Ranga Rao Memorial Junior College.



She is actively involved in Rangarao Memorial School, a free residential school for disabled & visually challenged girls, established in the year 1988.

The startlingly beautiful lady hails from a family of Rotarians. She is associated with the Inner Wheel Club of Mysore since 1978. She has served in various capacities at the Club and District levels. After serving as District Treasurer and District Secretary, she was elected as the District Chairman of

Dist 318 for the millennium year 2000-2001. Later she became an AC member during the year 2001-2002.

During her Chairmanship, Incoming Chairman Institute was hosted in Mysore by the Innerwheel Clubs of Mysore by providing home hospitality to all the delegates. It was well appreciated and was a grand success. An active member of the club, she has attended most of the district events and Triennial Conferences. She has also attended the Rotary International Convention held at Seoul, South Korea. She has proved to be a valuable asset to the Innerwheel family. This incredibly service minded lady is also the President and trustee of Bharathi Sthree Samaja, an 85 years old women organisation which runs a school and an Industrial Training Institute, both for the underprivileged section of the society.

Apart from handling all these responsibilities, she practices yoga, reiki and pranic healing. Her hobbies include bonsai, gardening, listening to music and cooking. Jannavi has completed a two year course in Dasa Sahitya, another hobby to a calm & composed mind. Dasa Sahitya is literary composition of devaranamas in honour of Lord Vishnu & his Avatars. No wonder she exuberates positive energy just like the fragrances she creates.

It is a privilege for us Midtowners, as this accomplished lady will be installing the new office bearers of IW Mysore Midtown for the year 2022-23.

On behalf of our club, I immensely thank you ma'am for accepting the invitation.

## Team Work Wonders



**President : Vimala Nagaraj; IPP: Asha Mahesh; Vice President : Muveen Saba Suryani; Secretary : Prabha Prahlad; Joint secretary: Ashwini Raghavendra; ISO - Sheela Urs; Treasurer: Lavanya Srinivasan ; Editor- Savitha Srinath; EC Members: Geetha Krishna, Kusuma, Sandhya Suresh, Jayalakshmi Rajeev & Sowmya Ravikumar**

## OUTGOING PRESIDENT'S MESSAGE



Dear friends,

My term as president comes to an end with all your support. I'm proud to be part of this prestigious organization. It was my duty as a president to fulfill our Association president goals. Friends, your ever enthusiastic participation in all the activities made me stronger in doing more for the needy. I heartily congratulate our incoming president Mrs. Vimala Nagaraj and wish her team all the very best. Stronger women..... stronger world.

Yours in Inner wheel  
Asha Mahesh

## OUR INCOMING PRESIDENT

Our president, Mrs. Vimala Nagaraj, though modest, is very efficient in her ways. Her organisational skills are as immaculate as her smile. Born and brought up in Bangalore, she is a graduate in science with majors in zoology. She is married to Mr. Nagaraj, a professional tennis player and coach of national and international repute. She is an affectionate mother of two children, Samarth & Samyukta. Her hobbies include painting, interior designing, music and gardening. She has also completed a course in food nutrition and preservation. She loves to cook traditional cuisines. She has been a member of IWC Mysore Midtown since 18 years. She has decorated the posts of ISO, editor, treasurer, joint secretary, secretary & vice-president. We wish her the very best for her term as the President.



### *President's Message*

It is an honour and privilege for me to lead our prestigious IWC MYSORE MIDTOWN. Inner Wheel members, around the globe, have been working together to resolve some of the most challenging problems the world is facing. Fresh from the vibrant DISTRICT ASSEMBLY at Moodabidri, as we take the journey into the new Inner Wheel year, let's all remember our strengths & work to our full potential to build a future for the underprivileged & help them lead a satisfying life. Alone we can't, but together we can WORK to do WONDERS, which is our theme for this year "WORK WONDERS".

## OUR INCOMING SECRETARY

Our secretary PP Mrs Prabha Prahlad, the nightingale of our club, was born and brought up in Bangalore. She has a master's degree in psychology. She was a volunteer at Nireekshe Special School, Mysore. She was on the board of directors of the school. She joined IWC Mysore Midtown in the year 2010 and has served in various capacities at the club level. She has received the Best treasurer's award in the year 2013. She was an able president of the club during the year 2016-17. Her hobbies include singing, listening to music, reading, gardening and travelling. She has completed senior level exam in Carnatic music. She is also a Visharade in Dakshin Bharath Hindi Prachar Sabha. She is married to Dr Prahlad, physician working at Apollo BGS Hospitals, Mysore. She is blessed with two children, Prerana and Pranav. Her motto: EVERY DAY IS A LEARNING EXPERIENCE. YOUNG OR OLD, ONE SHOULD NOT STOP LEARNING.



### *From the Editor's Desk*

Every new beginning brings new vision, new energy, new ideas, new words and endless possibilities so as to create WONDERS in the WORK we do. The new team "WORK WONDERS" is about to embark upon a new journey towards service and friendship. I congratulate and wish our team good luck.

From apprehension to eagerness, I had a wide range of emotions when I was offered the editorship of this prestigious club. But the moment I took a leap of faith, there was a rush of excitement and confidence. Of course, the quality of work of my predecessors is so good that it is difficult for me to fill in their shoes. But I will try my best to make the read as interesting as possible. Moreover, the given theme WORK WONDERS by itself is so inspirational. So friends, let's show that WE CARE by providing the society with sustainable opportunities to help improve the life of the needy, their personal growth & independence.

- Savitha Srinath, Editor 22-23



# Annual Project Report 2021-22

## Project under SHEROES

### S- STHREE SHAKTI

- Donated 2 tailoring machines worth ₹12,500 to Green Dot Trust, who train the underprivileged women at Beerihundi Mysore taluk.
- Donated ₹20,000 to an underprivileged girl Girija to help set up a small business as vegetable vendor.
- Donated an automatic sewing machine worth ₹11,500 to Smt. Nanjamma, a fashion designer to help start her own business.

### H- HEALTH, HYGIENE and HAPPINESS

- A health camp at Nirashritara kendra, a shelter for urban homeless was conducted by Dr. R. N. Suresha who was the consulting physician for the day where 85 people were benefitted. Our member Sandhya Suresh sponsored ₹8,000 worth of free medicines & fruits.
- Donated sanitary napkins & groceries worth ₹ 5,000 to Arunodaya special children days school who caters to the needs of specially abled children in & around Mysore.
- Donated incinerators & sanitary vending machine to Sharada Vilas College, Mysore. This was a joint project with 7 Innerwheel clubs of Mysore.
- The district administration organized a COVID Vaccination drive at Nagavala Gram Panchayat along with CREDIT I, Mysore. Our club took care of the transportation charges for the medical staff which was ₹4,000
- On international YOGA DAY, members were asked to send a photo of them in a yoga pose. President Mrs. Asha Mahesh got a beautiful collage done of all the photos.

### E- EARTH CARE

- Our club, in association with DePaul College, celebrated VANAMAHOTSAVA by engaging in a tree planting drive where 20 silver oak saplings were planted.

### R- REFRESH YOURSELF

- PDC Mrs. Chandrika Raghu & PP Mrs. Prameela Ravindra attended the south zone meet in Chennai.
- Twelve of our members attended the District Rally in Kalasa.

### O- ORPHANAGES & OLD AGE HOME ASSISTANCE

- Donated groceries worth ₹5,000 & spent some quality time with children of Chamundi Children's Home
- Donated groceries worth ₹ 4,000 to NELE, the old age home at Dasanakoppalu, Mysore.
- Donated groceries worth ₹5,000 to NELE
- Donated groceries worth ₹5,000 to AJITHA NELE a shelter for homeless children.
- Donated a UPS worth ₹16,000 to Savinenapu foundation which houses 25 orphan children.

### E- ERADICATION OF SOCIAL EVILS

- An awareness talk on the ill effects of tobacco was given by Mr. M P Varsha, special cultural advisor to the first vice president of Nepal & Karnataka State Coordinator (ex) education development centre.

### S- SPREADING WINGS OF INNERWHEEL

- Under the branding of INNERWHEEL, two baby weighing scales worth Rs.2,900 were donated to Lakshmiddevamma Shankarashetty Maternity hospital.
- In a joint project, 7 IWC of Mysore donated incinerators & sanitary vending machine to Sharada Vilas College, Mysore.

### 1. Medical Assistance

- A health camp for the farmers of Attahalli village of Bannur taluk & free medicines worth Rs. 29,300 were

distributed among them. Dr. Suresh & Dr. Pratibha Periera along with other specialist doctors conducted the camp.

- Donated medicines worth Rs. 10,000 to a Palliative Care Centre, KRS road, Mysore
- Distributed protein powder & calcium tablets worth Rs. 22,700 to pregnant & lactating mothers. Also, honoured 2 women achievers.
- Donated Rs.5,000 towards education of a girl student
- Donated Rs. 40,000 towards the educational needs of a needy civil engineering girl at Government Engineering College, Chamarajanagar
- Donated Rs. 29,520 towards the fees including books of an underprivileged girl, Pavithra to pursue her college studies at Mahajana PU college
- Donated Rs. 25,000 to a very brilliant student who has secured a government seat in Sullia Medical College. Also, one of our members daughter was kind enough to lend him her first year books.
- Paid the fees worth Rs. 10,850 of a 10th standard girl, who was denied the hall ticket for her examination
- Donated Rs. 6,500 to a Psychology student doing his masters in Mandya university
- Donated school bags, books & stationery items worth Rs.6,720 to 30 students & honoured 3 teachers of Government school in the tribal village of Sollepura, HD Kote taluk.

### 2. COMMUNITY SERVICE

- Donated food worth Rs. 4,000 for the needy through Roti Bank
- Donated groceries worth Rs. 5,000 to Suraksha jeevan trust which takes care of the needs of special children, in Srirangapatna
- Donated food worth Rs. 9,000 to the needy through Roti Bank
- In a joint project with all the IWC of Mysore donated rice & dal worth Rs.1,750 to the porters at Mysore Railway Station.
- Honoured Dr. R. J. Shobha, an ayurvedic doctor at Government ayurvedic college.
- Donated provisions kit of Rs. 10,000 to a needy woman in association with CREDIT-I & Price Waterhouse Coopers.
- Donated a black board & groceries worth Rs. 5,000 & our members donated pre owned TV & microwave.
- Exterior painting work of Bharathi Sthree Samaja ITI College was undertaken along with Murthy Paints & Varnishes & Bharati Sthree Samaja. Our club donated Rs. 6,000
- Donated 1,000 lt. water tank, 2 sinks & a book rack worth Rs. 19,100 to Chiguru Srujana Shaale. Our member donated an AC cooler
- Food was served to the inmates of Navajeevana Niketana which is a home for aged
- Snacks worth Rs.2,500 & used clothes were distributed to the tribal families of SEEGEWADI VILLAGE & spent quality time with them
- Sponsored food for the inmates of Navajeevana Nikethana.

### 3. HANDICAP SPASTIC

- 3 hearing aids worth Rs. 60,000 were given to 3 hearing impaired children studying 8th standard in deaf and dumb school in Mysore. We also served food for the children
- In a joint project with IWC of Bangalore Orchards, braille items were donated to Sahyadri Sinchana charitable trust, KG Koppalu Mysore. The clubs contributed worth Rs 4,000 each
- Donated 30 chairs worth Rs 12,100 to Divya jyothi

charitable trust, non-profitable organization for visually impaired girls

- Donated a therapy ball and a white board worth Rs 2,567 to Vikala Chetana Abhyudaya Seva Samsthe for mentally challenged children
- Donated toys worth Rs 8,000 for infants and children with developmental delay under Putta Hejje program at Asha Kirana
- Donated a walker and also many educational toys worth

Rs 18,000 to Asha Kirana's Putta Hejje program

#### 4. FELLOWSHIP

- Celebrated Charter's day, Past Presidents ' day in the GB meeting held in November

#### 5. INDIAN ART AND CULTURE

- We celebrated Kannada Rajyotsava with inmates of Manasadhama, home for mentally ill men. We also donated groceries worth Rs 5,000 to them .

## Projects under Work Wonders



Donated 10kgs of bird feed in association with the Interact Club of Trinity College & Gubbi Goodu. Amount: 500



Donated ₹2,000 towards protein powder to a body builder & helped him compete in University competitions.



Donated groceries worth ₹ 5000 to Asha Bhavana which was sponsored by Vijaya Srinath 's friend.



Donated ₹ 5,000 to Sahyadri Sinchana trust.

Donated ₹20,000 towards the fees of a medical student Mahesh Kumar, studying in Sullia Medical College.

## PROJECTS FOR THE DAY

1. Donating books and stationery to the children of a Government school at Ashokpuram.
2. Donating a Pressure cooker to Suraksha Jeevan Trust, an organisation which takes care of the mentally challenged children



What if life was one long sentence without punctuations. It will be dull and boring right.

Like punctuations energise a sentence, punctuations in life, good and bad, make life peppy.

While the comma often implies a temporary pause, the full stop signifies the much needed long pause.

An exclamation is for life's surprises, a pair of inverted commas stress the importance of something. A hyphen bridges a gap and a slash offers a choice. A question mark makes us introspect and an apostrophe is around when you want to include or exclude something.

**Life will be one long sentence  
(pun intended)  
if there were no punctuations.**



Why did you become an editor?  
Well, to cut a long story short.....

# NIYATHI

## OUR DISTRICT ASSEMBLY



Wow ! A very enthusiastic 19 members of our club ready to attend "Niyathi", our district assembly at Moodbidri. I booked 10 double deluxe rooms for a comfortable stay. I was not sure whether one bus was enough for all of us to fit in and even thought of booking another vehicle. Our district ISO was very happy with the numbers. "Wah! Wah!". Everything was going right. All set and ready steady to go, when one by one our members began cancelling. "Dum! Dum!". At the end of the day, it was just 14 of us.

Moodbidri being very "moody" wrecked havoc with heavy rains, landslides, floods,...but still, we 14 braved the circumstances and went ahead with our journey. What a journey! water everywhere....

ಹೊರಗೂ ಮಳೆ ಒಳಗೂ ಮಳೆ Yes! there was a leak in the roof of the bus which made us dance Bharathnatya inside. This was a lot of entertainment for all of us. All our members without playing spoilsport, adjusted to the situation and infact enjoyed the nature's narthana both inside and outside the bus. Though tensed to the very core, we reached the destination safely. Phew! Thank God. We relaxed for a little while and went to the venue. Beautiful arrangements and warm hospitality welcomed us with open hands. The programme was well organized with good entertainment and yummy food. Each and every small details was taken good care of and well executed. But the host club were disappointed as many members who had registered cancelled their trip. (but, we can't blame anyone as it was a risky trip, ಬಬ್ಬಳೇ ಹೆಂಡತಿ ಬಬ್ಬಳೇ ಅಮ್ಮೆ ಎಲ್ಲರಿಗೂ ) If everything went well, it's okay, no problem. But if something went wrong, it's a disaster. Anyways, further into the programme, Vimala and Rashmi received awards

on behalf of the club and President Asha Mahesh. It was a proud moment when our club received the Super Achiever's award.

Next morning, new district team got inducted by AP Dr. Surjit Kaur. District Chairman Kavitha Niyath took charge with a lot of ambitions and expectations. All the very best to the new team. Our PP Lavanya Srinivasan was inducted as "CHAIRMAN GROUP REPRESENTATIVE" for Chamarajnagar, Coorg and Hassan. A deserving candidate for the post as we all know she is tech savvy and is meticulous in her work. All the best for her new responsibilities. Our return journey was again an adventurous one... rain, rain, rain everywhere – ಆಕಾಶ ತೂತು ಆಗಿರೋ ತರಹ.

But we made best of the situation, all of us nightingales singing antakshari. By the Grace of God, we returned home safely. Thanks to my dear friends to have adjusted and been co-operative throughout.....

Sheela Urs  
ISO



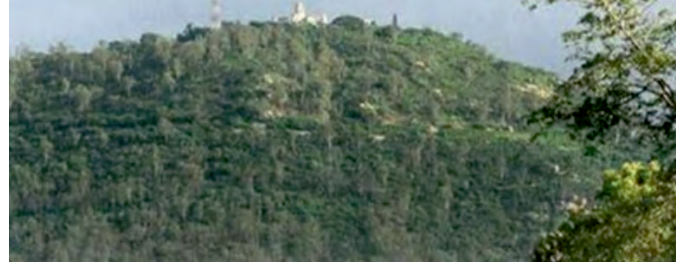
# ಮೊದಲ ಶೆಷೈ ನಾಡದೇವಿಗೆ ಸಮರ್ಪಣೆ

ಮಹಿಷಾಸುರ ಮರ್ಧಿನೀ ಮಂದ ಗಮನಿ  
ಮಂಗಳ ವರ ಪ್ರದಾಯಿನಿ...



With a little prayer in my mind, a blank sheet & a pen, I am attempting a brief article about our "Adidevathe Shree Chamundeshwari & her abode Chamundi betta".

It was a misty evening when I left my house for a walk in the park. After a few paces, I could see the majestic Chamundi betta covered in thick fog. It looked absolutely divine and mystical. At this point, I began wondering why most of the deities preside on top of hills and mountains, be it Shringeri Sharade, Horanadu Annapoorneshwari, Kedarnath, Vaishnodevi and many more. Then I imagined maybe they need such a beautiful, peaceful and serene setting to manage all the chaos that's going on in the world beneath. Well, that's enough of my imagination, now back to reality. Recently, I read in the newspapers that the proposed ropeway on the hill was shelved because of the fierce protests by environmentalists and nature lovers. What a relief! The aesthetics of such a beautiful place should be intact the way Mother Nature has gifted us. The lush green nature, the vast ecosystem and the wildlife must be preserved for our future generation. Speaking of wildlife, one of my relatives told me about his rendezvous with a leopard when he was on a bike ride on the hill. It was thrilling to listen to his story but I'm not very keen on spotting any leopard myself! (thank you very much). It is one of the well known tourist attractions in Mysore. Tourists are certainly welcome but in the name of enjoyment, littering is not appreciated. That's just plain ignorance. Let's all vow to keep our city clean. It is not only the responsibility of the authorities, but ours too. As a small service from our club, we have distributed environment friendly paper bags at the foothills of Chamundi betta. Installation of solar lamps on the hill was done as a joint project of all the Innerwheel Clubs



of Mysore.

Now moving on to the main topic, the month of July (Aashada maasa) is very special to Mysoreans. It's our Shaktidevathe Shree Chamundeshwari's

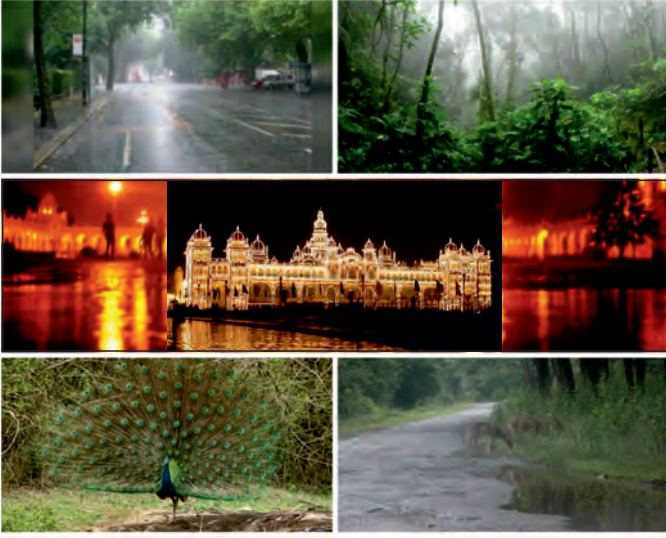


month of celebrations. Every friday of Aashada maasa, the deity is decked up with various jewellery & the temple with colourful flowers & fruits. The feeling when we witness all these decorations is surreal. Thousands of devotees from all walks of life throng the hill to offer their devotion and pooja. Elaborate rituals are performed on Chamundeshwari Vardanthi. Theppostava, an added attraction is offered to the Goddess. On every friday of Aashada, we can see devotees putting up stalls in every corner of the city & distributing prasadam. There is innocence, emotion, intoxication & surrender in our devotion towards our Devi.

On this auspicious occasion let's all pray & seek health, peace & prosperity to prevail upon the world. May our Nadadevathe Shree Chamundeshwari grant our wish.  
- Savitha Srinath



# Just Like That...



A nice book & a hot cup of coffee... No wait, a bowl of hot soup or maybe a plateful of hot hot bajjis & bondas... Sweet Lord! My whole mouth just filled with saliva. I can't resist anymore...

I'm off to fry something, fulfill my craving & then get back to writing. Yum.. now I'm full. It was satisfying but you know what, if someone had brought it to my room, ready to eat, it would have been more appetising. But still I enjoyed it! I'm sure some of you might have fulfilled your cravings too, right? Please enjoy!

All this preamble to write about my favourite season, the MONSOONS! Can't believe I've become such a foodie. Ok now, I don't want to wander from my main topic anymore.



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Monsoons, the name itself brings a smile on our faces. The lush green countryside, peacocks dancing to the tune of the rain drops & the whole environment looking fresh, everything looks so poetic. The rain certainly brings everything it touches alive. The rivers flowing to their full capacity & the dams filled upto the brim, its a sight to behold! This is also a very romantic season as well. Many of our romantic films are based on Mungaru Male. Since we don't have a censor board in our club, I don't want to write too much about romance! While our farmers work hard to plant the crops in their fields, we city dwellers plan our vacations to scenic places during the monsoons. Are we selfish in doing so? Well, maybe, that is why they are given such a sweet adjective as our "ANNADATAS" & we get a big fat nothing! Just kidding, not about farmers for God's sake, but about us, townies. We may not have any adjectives but as INNERWHEELERS, we are committed towards service, aren't we? While monsoons are a beautiful season to experience, we may have to face its fury as well. Floods, landslides, cloud bursts are some of the grim problems of the season. But there are ups & downs in every aspects of life, they are as natural as it gets. Besides, facing challenges is not new to mankind. OkaaaaY! Lets not get too serious here. On a lighter note, the biggest challenge that city people have to face is.....any guesses anyone? Yes, you got it right! Drying Clothes. It may sound silly but it is a problem, trust me. However, it's nice to see an artist making the best out of the situation by being creative!



That's clothes hanging on a drying line looking like Rajinikanth. Isn't it hilariously creative? Well done girl or boy!

With a whole lot to enjoy & a little bit to ponder over, I'm going to wind up this article. Ooh la la my hot cup of coffee is waiting by the window!



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Savitha Srinath

## Our Inner Wheel family is expanding



**Mrs. Savitha Srinivas**

Savitha, married to Rtn. M. N Srinivas, a businessman by occupation, has master's degree in Arts & is currently a homemaker. She is blessed with a son, Sumedh who is a B.tech engineer & a daughter, Sankeerthana who has a master's degree in science. She likes listening to music & loves cooking. She is a fitness enthusiast practising yoga, meditation & cycling. Playing with her pets is another pastime of hers.

currently a homemaker. She speaks 5 different languages. She is blessed with a daughter Saanvi, who has completed her 2nd PU . Saanvi is a talented artist & a computer enthusiast. We wish her all the best for her future. Aruna is a globe trotter & has interest in listening to Bollywood music. She likes to experiment with new cuisines.



**Mrs. Hemalatha Ravindra**

Hemalatha is the wife of Rtn. Ravindra Babu. She was born in Shivamogga & pursued her Pharma education. She is now into pharma business. She is blessed with a son Dr. Arjun Ravindra, presently working in Jayadeva institute for cardiovascular sciences & is preparing for PLAB examination. Her hobbies are gardening, listening to music & cooking.



**Mrs. Aruna Rakesh**

Aruna who is married to Rtn. Rakesh Babu, co-founder and executive director of Innomantra consulting pvt. ltd. She has a bachelor's degree in management & master's degree in software & information systems. She has worked as a senior advisor-accountant at M.B Jain & company and as a senior advisor- operations in Lakshmi industries, Mysore. She is



**Mrs. Shanti P. Manuprasad**

Shanti is the wife of Rtn. Dr. Manuprasad. S who is a practising Maxillofacial surgeon in St. Joseph hospital, Bannimantap, Mysore. She is the CEO of DSC Healthcare polyclinic. She is blessed with two daughters Saesha who is 5 year old & Saina 2.5 year old. Her hobbies include travelling and watching movies.

**Dear Ladies**

**Heartiest welcome to our ever growing dynamic club. I am sure you will enjoy.**



Mrs. Zenaida Farcon  
IIW President



Mrs. Surjith Kaur  
Association President



Mrs. Kavitha Niyath  
Dist. Chairman



Mrs. Vimala Nagaraj  
President



Mrs. Prabha Prahlad  
Hon. Secretary



Mrs. Savitha Srinath  
Editor