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Charter No. 2823
Dist. 318 India

Inner Wheel Club of Mysore Midtown

Issue 07 * Jan. 2023

Hearty Welcome To Our Beloved District Chairman **Mrs. Kavitha Niyath**

Music is a universal language. No matter what culture we are from, everyone loves music. It is an expression of mankind. It can be explosive or it can be healing. It can be rhythmic or it can be soulful. Whichever the form, everything in this universe has a rhythm & the earth sings for those who listen. Fortunate are those who are blessed with the singing talent. Our District Chairman, Mrs. Kavitha Niyath, is a great singer with a pleasing voice & has bags of character in her tone. She has sung for All India Radio, Gulbarga. She has given many stage performances & her talent has been acknowledged by her club & her district. She has deservedly won many prizes. Also, she is a graduate & has a degree in Homescience from Gulbarga University. Born in Bengaluru, brought up in Gulbarga & now settled



in Chikmagalur, she has explored & assimilates different cultures & traditions. Kavitha is happily married to Dr. A. C. Niyath, an orthopedic surgeon & they are blessed with two sons, Dr. Nishant, a dentist & Mr. Chandraditya, a coffee planter & a pharmacist. Kavitha is associated with the Innerwheel club of Chikmagalur since 2001 & has served as the secretary, vice president & has held the helm of the club as the

president for 3 years. She was elected as the district ISO for the year 2017-18 & has since successfully completed all the posts at district level & is now the 53rd chairman of the District 318. Kavitha being the first district chairman from her home club, is definitely an inspiration for the future leaders of her club. Innerwheel club of Mysore Midtown extends a hearty welcome to you, ma'am.

President's Message

With the guidance & encouragement from our Charter members and Senior members, the WORK WONDERS TEAM of our club were able to do many service projects till date. Let us continue to contribute to make a difference in the community. Our much awaited Chairman's Official visit to our club is here. It's an important event to any club. It's an opportunity to showcase our club's activities during the year. A warm and hearty welcome to our District Chairman, Kavitha Niyath

Editor's Desk

Nothing is more satisfying than a desire to help & a desire to serve. Innerwheel provides us with the platform to facilitate it. The pragmatic way of approach to achieve this is hardwork & teamwork. A wise man has quoted, "the strength of a team is each individual member & the strength of each member is the team". Our club members encourage, support & applaud each other in all the activities of the club. "Alone we can do little, together we can do so much", is our principle and it is evident in our work. Now, it is time for the appraisal of the same from our district chair. Hearty welcome to you ma'am! I'm sure you'll have a lot of fun with us.

HALF YEARLY REPORT OF INNER WHEEL CLUB OF MYSORE MIDTOWN - 2022-23

W - WOMEN & ADOLESCENT GIRL WELFARE

On 20th July, our club sponsored bus passes to needy students from Mysuru City surroundings, who are pursuing a 72 days free office administration course conducted by SVYM, Mysuru which is a generous contribution from Mrs. Shantha Acharya. Amount spent: Rs.10,500/-

No. Of beneficiaries: 15

No. Of hours spent: Spot project on installation day.

2) On 13th June, our club donated groceries to Asha Bhavana in Srirampura, an institution run for girls of single parents and orphans.

Amount Spent : Rs.5000/-

No. Of beneficiaries : 14

No. Of hrs. Spent : 1hr

3) On 22nd August, under joint project of all IWC's of Mysuru, an awareness talk on menstrual hygiene for adolescent women was organised at JSS College for Women, Saraswathipuram. Resource person was Ms. Amritha Srinivasan. Brochures about menstrual hygiene and sanitizers were distributed to the participants.

No. Of beneficiaries : 90

No. Of hrs spent : 2hrs

4) On 9th September, a joint speaker meeting was held by Rotary club of Mysore North in association with IWC Mysore North and IWC Mysore Midtown at RCL hall. Speaker was Dr. Poornima, Deputy Director, I & B Ministry. Government of India.

No. Of beneficiaries : 25

No. Of hrs. Spent : 1.5 hrs

E - ENVIRONMENT

1. Gubbi Goodu Project : On 11th May, our club in association with Trinity College Interact Club and Gubbi Goodu fed food grains to the birds and felt the joy of it to celebrate the LIFE OF BIRDS.

Amount Spent : Rs.500/-

No. Of hrs spent - 1.5 hrs

R-RETENTION AND EXTENTION

1. On 20th July, our installation day, 4 new members were inducted to our club. Among them, one member Hemalatha Ravindrababu rejoined our club after a gap of 6 years.

E - EDUCATION

1) On 16th June, 4th August and 26th November, PP Uma Vivek sponsored the fees of a medical student Mahesh Kumar studying in Sullia Medical College.

Amount spent : Rs. 36,000/-

Beneficiary : 1

No. of hours spent : online transfer

2) On 20th July, our club donated notebooks and stationery items to the students of Government Higher Primary School, Hale Krishnamurthypuram.

Amount spent : Rs. 3096/-

Beneficiaries : 25

No. Of hours spent : spot project on installation day

3) On 24th July, PDC Chandrika Raghu donated a pre owned desktop to Pavitra, a deserving 2nd PUC student and Mrs. Bhargavi gave a pre owned study table to the

same student.

Beneficiary : 1

4) On 21st Aug., our club contributed amount to Rotary Mysore Midtown for conducting drawing and debate competitions for school children through online transfer

Amount spent : Rs.4,000/-

Beneficiaries : 233

5) On 25th August, Under joint project of all 8 Innerwheel Clubs of Mysuru, we distributed notebooks to the students of Vanitha Sadana.

Amount spent : Rs. 1,000/-

Beneficiaries : 200

No. Of hours spent : 1hr

6) On 25th August, we donated pre owned books like dictioneries, story books, etc to the library of T. Narasipura Government School.

Beneficiaries : 40

No. Of hours spent : 2hrs

7) On 14th Sept., we donated an initial amount to Siddaramu, a psychology student doing his masters degree to by a laptop for his project work through online Transfer.

Amount spent : Rs.10,000/-

Beneficiaries : 1

8) On 24th September, our club donated white shoes, an English - Kannada dictionary and tennis balls and biscuits to the students and ceiling fan to the school at Government Lower Primary School (LPS), Sollepura village, H.D.Kote Taluk.

Amount spent : Rs.8500/-

No. Of Beneficiaries : 28

No. Of hrs spent : 2hrs

9) On 14th October, our club donated 3 book racks, water filter and 5 wall clocks to Chiguru Srujana Shaale in Kabini, a school run for the underprivileged and single parent children.

Amount spent : Rs.7940/-

No. Of beneficiaries : 145

No. Of hrs spent : 30 minutes

10) On 11th November, we donated baby chairs and educational materials to Nodekoppalu anganawadi Kendra in Mandya district.

Amount spent : Rs.5640/-

No. Of beneficiaries : 18

No. Of hrs spent : 30 minutes

11) On 6th Jan., we distributed notebooks and stationery items to the students of Krishnaraja Sarakari Prarthamika Shaale. This was sponsored by our member Smitha.

Amount spent : Rs. 3900

No. of beneficiaries: 25

No. of hrs spent: 1hr

12) On 7th January, under joint IWC's, a day long workshop was arranged for high school teachers on PHYSICAL AND MENTAL HEALTH OF ADOLESCENTS at Vignana Bhavan. Manasagangotri Campus.

Amount spent : Rs. 1000

No. of beneficiaries : 200

No. of hrs. spent : 6hrs

COMMUNITY SERVICE

1) On 9th June, protein powder was given to a body builder Subramani Raju who was to participate in the University level competition held on 17th June.

Amount spent : Rs.2000/-

No of beneficiaries: 1

No. of hrs. Spent : Online transfer

2) On Deepavali day, i.e 24th October, new kurtis were given to the girls of Asha Bhavana, a centre for girls of single parents and orphans which was sponsored by President Vimala.

No. Of beneficiaries : 22

No. Of hrs spent : 30 minutes

3) On 24th October, our club in association with Rotary Club of Mysore Midtown sponsored sweets and crackers to the underprivileged children in a slum area.

Amount spent : Rs.5000/-

No. Of beneficiaries : Many

No. Of hrs spent : 30 minutes

4) On 8th December, Self Defence Training programme was held for our members and students of Trinity College at the college premises by Mr.Karthik Kateel and his mother.

Amount Spent : Rs.5000/-

No. of Beneficiaries- Many

No. of Hrs. spent - 2hrs

5) On 21st December, a battery for the UPS was replaced at Asha Bhavana, a home for girls with single parent and orphans in Srirampura and a few essential items were donated to the girls there.

Amount Spent : Rs.8500/-

No. of Beneficiaries : 22

No. of Hrs. spent : 30 minutes

6) On 26th November, groceries were given to Savinenapu Foundation, an institution for orphan children which was sponsored by Charter Secretary and PP Prathibha Kanakaraj.

Amount Spent : Rs.5000/-

No. of Beneficiaries : 22

No. of hrs. spent : Spot project on Charter day

7) On 29 December, 400 packets were donated at Roti Bank where the underprivileged are served with food everyday. This was sponsored by our member Kusuma in memory of her father.

Amount spent : Rs.4000/-

No. of Beneficiaries : 400

No. of hrs. spent : 30 mins

8) In a joint project with Rotary Mysore Midtown, we distributed blankets to the underprivileged & homeless people.

Amount spent: Rs. 6000

No. Of beneficiaries: 50

No. of hrs. spent: 3 hrs

9) PP Mrs. Nandini Murthy distributed blankets & provided lunch for visually challenged girls.

Amount spent: 2500

No. Of beneficiaries: 15

No. Of hrs spent: 3 hrs

BREAST FEEDING WEEK

1) On 2nd August, to commemorate the breast feeding week, we distributed protein powder and calcium tablets

to pregnant and lactating women at Primary Health Care Centre, Saraswathipuram.

No of beneficiaries: 18

No. Of hrs spent: 30 minutes

2) On 3rd August, protein powders and calcium tablets were given to pregnant women and lactating mothers at Anganavadi Kendra in Gowhalli Jettihundi limits, Mysuru.

No of beneficiaries: 18

No. Of hrs spent: 1hr

3) On 4th August, our club in association with Jayanagar Government Hospital, and with the Indian Paediatrics and Mysore Obstetrics and Gynaecology society observed breastfeeding week. Doctors present there spoke on the occasion briefing the new mothers about the importance of breastfeeding, method of feeding babies and also about the nutrition for the mothers. We distributed protein powders to lactating mothers and pregnant women.

Amount spent: Rs. 5387/-

No of beneficiaries: 76

No. Of hrs spent : 3 hrs

HANDICAP - SPASTIC

1) On 25th June, we donated amount towards prizes for the valedictory function of Sahyadri Sinchana Trust, where competitions were conducted for the visually challenged students. This trust is working for the development of the visually challenged society.

Amount spent: Rs. 5000 /-

No of beneficiaries: 30

No. Of hrs spent : spot project

2) On 8th July, PDC Anuradha donated a pre owned TV to Suraksha Jeevan Trust in Belagola, a rehabilitation centre for cerebral palsy and intellectual disabilities.

No of Beneficiaries: 12

No. Of hrs spent : 1hr

3) On 20th July, we donated a 12 litre pressure cooker and a pre- owned mixer grinder to Suraksha Jeevan Trust, Belagola.

Amount spent: Rs.1150/-

No of Beneficiaries : 12

No of hrs spent: spot project on installation day

4) On 26th July, under joint projects with all IWC's of Mysore, a talk and interactive session with parents of children of Mathrumandali Shishu Vikasa Kendra was held in the school premises on how to raise special children by key note speaker Dr.Nandini Keshav and PDC Mrs. Anuradha Nandakumar.

No of beneficiaries: 50

No. Of hrs spent : 3 hrs

5) On 26th July, we also donated few educational activity aids as well as gardening items to Mathrumandali Shishu Vikasa Kendra. Chocolates and biscuit packets were distributed to the students.

Amount : Rs.1000/-

No of beneficiaries: 50

No. Of hrs spent : 1hr

6) Our member Mrs.Kala Satyendra helps a visually challenged college girl with her lessons by reading it to her via voice messages during her exams.

No of beneficiaries: 1

No. Of hrs spent : 2 to 3 hrs per week

7) On 24th November, Our club donated the fees of a special child Master Chayasuta, a student studying at JSS Sahana school for special children.

Amount spent : Rs. 10,000/-

No. Of beneficiaries : 1

No. Of hrs spent : 30 minutes

8) On 21st November, PDC Anuradha sponsored the fees of a student Ms.Aishwarya studying at JSS Sahana special school through online transfer.

Amount spent : Rs.15,000/-

No. of beneficiaries : 1

9) On 19th November, our club donated amount to Bhandavya – Special Olympics conducted by Rotary club of Mysore Midtown.

Amount spent : Rs.5000/-

No. of beneficiaries – Many

No. of Hrs. spent : 2 hrs

MEDICAL ASSISTANCE

1) On 1st August, our club donated amount to a patient who is on dialysis and is in need of a kidney transplant.

2) Also August month hosts transferred online amount to the same patient.

Amount Spent: Rs.13000/-

Beneficiary - 1

No. Of hrs spent – 1 hr

3) On 17th September, a mega blood donation drive was organised by Akhila Bharatiya Terapanth Yuvak Parishad in association with Rotary clubs and IWC's of Mysore and many other organisations. Totally 1200 units of blood was collected from across different centres of Mysuru. IWC Mysore Midtown provided breakfast and lunch to the donors at GSS Yoga centre. Our member Mrs.Revathi Baliga donated blood too.

Amount Spent : Rs.3500/-

Beneficiaries : Many

No. Of hrs spent : 5hrs

3) On 23rd September, our club donated a baby weighing scale to PHC in Saraswathipuram.

Amount Spent : Rs.1500/-

Beneficiaries : Many

No. Of hrs spent : 30 minutes

4) On 2nd November, we donated a wheelchair to the geriatric ward of JSS hospital.

Amount spent : Rs.6500/-

No. Of beneficiaries : Many

No. Of hrs spent : 45 minutes

5) On 5th November, our club donated amount to Swasthya Foundation at St.Joseph's Hospital which does free cleft lip and cleft palate surgeries for patients in the age group of 3 months – 15 years. Foundation is headed by Rtn. Dr.Manuprasad.

Amount spent : Rs.10,000/-

No. Of beneficiaries : Many

No. Of hrs spent : 45 minutes

6) On 14th November, on account of World Diabetes Day, PP Nanini Murthy uploaded an awareness video in our Whatsapp group and briefed us about the causes and precautions of diabetes, the lifestyle disease.

No. of Beneficiaries : Many

No. of hrs spent : 5

7) On 10th October, on a/c of World Mental Health

day, on a virtual platform, an awareness pep talk on Mental Health was given by PP Anupama Ravindranath to our members.

No. Of beneficiaries : Many

No. Of hrs spent : 5 min.

FELLOWSHIP

1) On 1st August, in a MEET AND GREET programme, all IWC's of Mysuru got together at RCL hall to receive members of IWC Keti Valley, Ooty. It was a nice gathering of 50 members from Mysore clubs and 14 members from their clubs. Exchange of flags, games for the guests, dance and exchange of gifts from both sides took place. This get together ended on a high with sumptuous lunch.

Amount Spent : Rs.369 each club

Beneficiaries : 70

No. Of hrs spent : 3 hrs

2) On 27th August, FRIENDSHIP DAY MEET was conducted by our club to all IWC's of Mysuru along with Nanjangud club. It was a day of fun, frolic, games, photo sessions and camaraderie among all present. A memorable day indeed! A lip smacking evening snacks was enjoyed by all.

Amount Spent : Rs.18,000

Beneficiaries : 104

No. Of hrs spent : 3 hrs

3) Our club Charter Day and Past Presidents' Day was celebrated on 26th November. It was a special day for all of us as 5 of our charter members were present on the occasion with our Charter President Sarala Nataraj and Charter Secretary Pratibha Kanakaraj had come from Bengaluru to be amidst us.

4) NIYATHI - District Assembly was held on 9th & 10th of July in Moodbidri. 14 members from our club attended the event.

5) Khushi - District Rally was held on Kushalnagara on 11th September. 5 members from our club attended the event.

6) Symphony - South zone meet for the year 2022-23 was held on 20th & 21st of August at Hospet. Our member PDC Mrs Anuradha Nandakumar represented our club in the event.

7) VISHISHTA - A Multi District Rally was held in Bengaluru on 4th and 5th November. PDC Anuradha Nandakumar attended the event from our club.

8) DOSTI - District ISO Meet was held in Mysuru on 7th November hosted by IWC Mysore. 9 members from our club attended the event.

9) KANASU - On 16th and 17th December, 13 of our club members attended the District Conference hosted by IWC Chikmagalur at Chikmagalur.

10) International Innerwheel Day - On 9th & 10th of January, 12 of our members went on a picnic to Somwarpet, Coorg. They spent a night in PN Heritage homestay, enjoyed some games, shopping, a bonfire night & delicious food.

INDIAN ART AND CULTURE

1) On 20th August, certificates were distributed to the tiny-tots of Beginners Bench School who had participated in the Krishna Radha contest on account of Krishna Janmashtami.

Amount Spent : Rs. 2450/-

Beneficiaries : 150

No. Of hrs spent : 2 hrs

2) On 1st September, Ganesha Aarti was held at PP Vyjayanthi's place wherein all our club members were invited for haldi kumkum. Many members attended the aarti. Refreshments was arranged for all.

3) On 15th August 2022, our members took pics of themselves with the National Flag atop their houses as part of the HAR GHAR TIRANGA campaign by Government of India.

4) On 28th October, our members participated in the KOTI KANTA GAYANA organised by the Ministry of Art and Culture, Government of Karnataka as a prelude to the 67th kannada Rajyotsava. No. Of hrs spent : 2 hrs

C - CANCER AWARENESS

1) On 17th October, an awareness talk and PPT presentation on Menopause and Cancer was given to our members by Dr. Sowmya, Gynaecologist, JSS hospital in our 4th GB meeting. After this she was felicitated by PDC Chandrika Raghu.

No. Of beneficiaries : 26

No. Of hrs spent : 1.5 hrs

2) On 13th December, under all Mysuru IWC's joint

project, a water dispenser was donated to Bharath Cancer Hospital.

Amount Spent : Rs.1650/-

No. of Beneficiaries : Many

No. of Hrs. Spent : 1hr

CONTINUOUS PROJECTS

1) On 21st December, PP Lavanya Srinivasan honoured the school toppers of 2020, 2021, 2022 batch in the 10th standard board exams of Rotary Midtown Academy with Mallige Excellence Award gold medal and cash prize at their school annual day function in the presence of His Highness Sri Yaduveer Krishnadatta Chamaraja Wodeyar and Rotarians.

Amount : Rs.15000/-

Beneficiaries : 3

No. of hrs spent : 2hrs

2) On 29th December, Our member Kusuma sponsored food packets at Roti Bank, a place where every day 40 packets of free food is distributed to the hungry and the homeless.

Amount spent : Rs. 4000

No. Of beneficiaries: 400

No. Of hrs. Spent: 30 mins

International Innerwheel day



The International Innerwheel day was celebrated by the Innerwheel club of Mysore Midtown in a unique way by going on an overnight picnic to Coorg on 9th and 10th of January. We started early in the morning on 9th with 12 members boarding the bus. We reached the PN Heritage homestay at around 11pm. It is located in a coffee estate amidst the Western Ghats & is owned by an Innerwheel member from Mysore. Everyone was mesmerised by the beauty of the homestay. As soon as we entered the campus, a beautiful garden with a well kept lawn & a big swimming pool attracted us. Everyone was soaked in the

serene atmosphere. As the day set, the weather became cooler and cooler. One of the staff, Vivek, with his ever smiling face arranged a campfire for us. We all settled around the campfire with snacks and drinks (hot or cold, I'll leave it to your imagination). This night out was a perfect way to relax for us ladies, away from the day to day routine. The day ended with a delicious dinner prepared by the homestay staff. When I got up early in the morning refreshed, I noticed that the faces of the ladies were glowing as they did not have to rush for the morning madness in the kitchen. Then, we took our own time to get ready & had a leisurely sumptuous breakfast. On the way back to Mysore, we visited a lake with a small temple called Honnammanakere. The lake is surrounded by lush green plantations. It is a divine & beautiful place to spend a few hours, amidst nature. Finally, we headed back home with a heavy heart but a fresh mind. Innerwheel Mysore Midtowners celebrated International Innerwheel day in a refreshing and relaxing way by treating themselves with this fun trip.

- Bhargavi Sangle

Did you know??



On Republic Day, the President of India unfurls the national flag on Rajpath before presiding over the parade, whereas, on Independence Day the Prime Minister hoists the national flag to honour the historical event of India's Independence. While both the events honour and pay respect to the national flag and might look the same in one way or another, there are some differences in the ceremonies.

1. On Independence Day, the hoisting of the flag

signifies the rise of a new nation, free from colonial domination. On Republic Day, the country celebrates the day when the Constitution was adopted.

2. The positioning of the flag matters a lot! One can spot the difference in unfurling and hoisting in the positioning of the flag. When the national flag hoists, it is tied and sits at the bottom of the pole. It is the Prime Minister who raises the national flag up and hoists it with the aim to honour the historical event of the day. Whereas, when the flag is unfurled on Republic Day, it is closed and tied at the top of the pole. The President unfurls it without pulling the flag up as it takes place on Independence

ಸಂಕ್ರಾಂತಿ



ಎಳ್ಳು ಬೆಲ್ಲ ತಿಂದು ಒಳ್ಳೆ ಮಾತನಾಡು, is an adage that goes with the festival Sankranti. It also serves as a new year resolution. A very easy one too, do you all agree?? Now for the festival itself, 'ಭೋಗಿ ಹಬ್ಬ', precedes Sankranti. It is the day we declutter the house & decorate it to attract fortune & prosperity. Then comes the main festival, Sankranti. It is a nation wide festival celebrated as Lohri in Punjab, Maagh Bihu in Assam, Maagh mela in West Bengal, Pedda Panduga in Telangana, Pongal in Tamil Nadu & in our state, Makar Sankranti. It is believed that on this day the Sun begins its transit from Dakshinayana to Uttarayana. This is a very significant astronomical event & is considered very auspicious. It also marks the end of winter & beginning of the harvest season. Hence we call it as 'ಸುಗ್ಗಿ ಹಬ್ಬ' too. Our farmers pray to the Sun God & seek Him to shower abundant sunlight on their farmlands to reap the benefits. The first harvest of the season is offered to the Sun God as a token of thanksgiving. The farmers give a turmeric-infused bath to their cattle, adorn them with brightly coloured ribbons and jewellery. They are made to jump over a pit of fire which is believed to bring good luck for the village and the people. This ritual is called 'ಕಿಚ್ಚು ಹಾಯಿಸೋದು' & is an exciting & thrilling activity that takes place usually near Mandya and Mysore districts. Though it faces a lot of criticism, it is practiced all in the name of tradition. Infact, the owner of the cattle too runs across the fire pit with their animals in tow. This festival has different

facets to it & is also called as 'ಪಟದ ಹಬ್ಬ'. The sky is vibrant with colourful kites soaring high & the activity is enjoyed by all age groups with excitement and enthusiasm. Colourful Fairs with a cute ferris wheel, varieties of items to purchase & food to enjoy is another attraction. Bonfires, singing and dancing, visiting temples, rangoli competitions, Kushti competitions are few of the many other activities that are followed as a tradition. Sankranti is a festival of good food too. As winter is at its peak, jaggery & sesame seeds are commonly used as both are rich in nutritional value & keeps our body warm. The king of this season, ಅವರೆಕಾಯಿ, is such versatile choice to prepare varieties of dishes. Ground nuts, pumpkin, sweet potato, sugarcane, etc., are some of the other produce that we can see in every nook & corner. Pongal & payasam are the main dishes that are dedicated to this festival. Also, a meet & greet is followed in the evenings with a platter full of goodies, a masti time for children - to show off their new dress & jewellery.



ಎಳ್ಳುಬೆಲ್ಲ, ಸಕ್ಕರೆ ಅಚ್ಚು, ಕಬ್ಬು, ಬಾಳೆಹಣ್ಣು, ಮಣ್ಣಿನ ಕುಡಿಕೆ, 'ಎಲಚಿ ಹಣ್ಣು' is exchanged with family & friends which we call as 'ಎಳ್ಳು ಬೀರುವುದು'. This tradition symbolizes the virtues of sharing and spreading happiness. To be grateful for the land on which we grow our food & rejoice together, is the essence of Sankranti.



- Savitha Srinath

Projects of the day.....

1. Distributed Belts and Ties to the students of Karnataka Public School in Kuvempunagar
Beneficiaries : 212 Amount : 9500
2. Donating a Sanitary napkins Incinerator to A Government Girls high school in T Narsipura and also Sanitary napkins
3. Donation to Manasa Kuteera



Mrs. Zenaida Farcon
IIW President



Mrs. Surjith Kaur
Association President



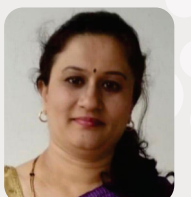
Mrs. Kavitha Niyath
Dist. Chairman



Mrs. Vimala Nagaraj
President



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Hon. Secretary



Mrs. Savitha Srinath
Editor