



INNER WHEEL CLUB OF SURATHKAL

DISTRICT 318

CHARTER NO. 4796



President

Dr. Reshma K. Rao

BELLI BEDAGI



Secretary

Smt. Sunita Gururaj

2022-23



IIW PRESIDENT
Mrs. ZENAIDA FARCON

DISTRICT CHAIRMAN
Mrs. KAVITHA NIYATH

ASSOCIATION PRESIDENT
Dr. SURJIT KAUR

ಬೆಳ್ಳಿ ಬೆಡಗಿಯರು



PROJECT TIME PHOTOS



Breast Cancer Screening Camp



Complementary Feeding Day



Girls Sports Support



Donation of Malanad & Gir Cows



Women Empowerment Initiative



Benches to Anganwadis

MESSAGE FROM DISTRICT CHAIRMAN



Dear Reshma & members of IWC Surathkal,

It gives me immense pleasure to pen few words for your club Silver Jubilee Bulletin.

First I would like to congratulate all the charter members, PDC Dr. Sita Sastry & members of IWC Surathkal on completing 25 glorious years.

In these years you have got smiles on so many faces & made many friends across the District.

May your club reach greater heights & work together to make this world a better place.

Best wishes,

KAVITHA NIYATH

District Chairman- 22-23

IW District 318

PRESIDENT'S NOTE



Warm greetings!

We are celebrating our Silver Jubilee Year 2022-23. I extend my hearty congratulations to PDC Dr. Seetha Shastri, all the past presidents and the members for this tremendous achievement.

The Inner Wheel Club provides service to the society with an aim of uplifting the downtrodden and to bring in the change in needy. The bond of friendship and the warmth develop within us is wonderful and is a treasure trove for life!

Let us dream big and take action on set goals. A women instilled with quality of share and care by Mother Nature can dare and work wonders!

Yours in Inner Wheel
Dr. Reshma K. Rao
President 2022-23

MESSAGE FROM ROTARY PRESIDENT



YASHOMATHI MARLA

President, 2022-23
Rotary Club, Surathkal

It's said the best way to find yourself is to loose yourself in the service of others.

And empowered women are powerful beyond measure and beautiful beyond description.

The above words I dedicate to the amazing women of Inner Wheel Club Of Surathkal, who through their accomplishment and commitment have taken their club to greater heights of resounding success.

Wishes for many more years of great service to mankind.

Happy silver jubilee.

ಬೆಳ್ಳಿ ಬೆಡಗಿಯ ಸೂಬಗು

ಕರಕೆ ಕರವನು ಹೊಸೆದು
ಹೊಸೆದ ಕರವನು ಜಗಿದು
ಎದೆ ಸೆಟಿಸಿ ನಡೆಯೋಣ ಅಭಿಮಾನದಿಂದ
ಮನಕೆ ಮನವನು ಬೆಸೆದು
ಮನದಿ ಪ್ರೀತಿಯ ಮಿಡಿದು
ಆತ್ಮಸ್ಥೈರ್ಯದ ಸೆಲೆಯ
ಜಿಮ್ಮೋಣ ಇಂದು
ಇಪ್ಪತ್ತು ಮತ್ತೈದು
ವರುಷಗಳ ಸಾಧನೆಯ
ಜಗಕೆಲ್ಲ ಹರಡೋಣ
ಅತಿ
ಹಲ ಕೆಲವು ಗೆಳತಿಯರ
ಫಲ ಜಡದ ಸಾಧನೆಯ
ಫಲವಾಗಿ ಈ ಕ್ಲಬ್ಬು
ಉದಯಿಸಿತು ಅಂದು
ಏರಿಳವ ದಾರಿಯಲ
ಸೋಲನಾ ಕಹಿ ಹೀರಿ
ಮೇಲೆದ್ದು ಬಂದಿಹುದು
ಗೆಲುವಿನಾ ನಗು ಜೀರಿ
ದೀನ ದಲತರ ಸೇವೆ
ಮಾನವೀಯತೆ ಮಿಡಿದು
ಸಾನುರಾಗದಿ ಜನರ
ಮನ್ನಣೆಯ ಗಳಿಸಿ

ಸ್ನೇಹದಾ ಲತೆ ನೆಟ್ಟು
ಪ್ರೀತಿಯಾ ನೀರುಣಿಸಿ
ಹಬ್ಬಿಹುದು ಈ ಬಳ್ಳಿ
ಸಿಹಿ ಕಂಪ ಚೆಲ್ಲಿ
ಹೊಸ ಚಿಗುರು ಹಳೆ ಬೇರು
ಕೂಡಿಹುದು ನಮ್ಮಲ್ಲಿ
ಉತ್ಸಾಹ ಅನುಭವದ
ಸರಿ ಮಿಳಿತವಿಲ್ಲಿ
ಪ್ರತಿಭೆಗಳ ಕಾರಂಜಿ
ಅವಕಾಶ ದೊರೆತಿರಲು
ಕುಣಿದು ಕುಪ್ಪಳಿಸುತಿದೆ
ಆನಂದದಲ್ಲಿ
ಕ್ಲಬ್ಬಿನಾ ಗರಿಮೆಯಲಿ
ಸ್ನೇಹದಾ ಸೆಲೆಯಲ್ಲಿ
ಪೂರ್ಣ ತೃಪ್ತಿಯ ಪಡೆದ
ಆನಂದ ನನ್ನಲ್ಲಿ
ಬೆಳ್ಳಿ ಬೆಡಗಿಯ ಕೀರ್ತಿ
ಎಲ್ಲೆಡೆಗು ಹರಡಲಿ
ಸ್ವರ್ಣ ಸುಂದರಿ ಭಾಗ್ಯ
ಆ ದೇವ ನೀಡಲಿ !

ಶ್ಯಾಮಲಾ ಕುಂಜಾರು

SECRETARY REPORT



Community Service

I take immense pleasure sharing with the various projects our club has carried out till date.

Positive Health - Health Check up Camp

1. Health check up camp was organised at GDC, Surathkal in association with Srinivasa Medical College Mukka on 11.21.2022. Physical examination, anaemia screening and

eye sight check up was carried out to the college students. The camp was done in two days

2. We had joint project with Rotary Club Surathkal and Indian Academy of Paediatrics on 06.08.2022. Celebrated Complementary Feeding Day by arranging a talk by Dr. Indira Shetty on complementary food to be given to infants between 6 months to 2 years at Virat hall.

Encouraging and Supporting Sports among Girls - Providing Jersey To the Girls Hockey Team Our club provided Jersey with Innerwheel logo to the girls hockey team of Govt. School, Tadambail on 09.23.2022. They won the championship at D.K. Hearty congratulations to the team from Innerwheel club Surathkal.

Felicitation - Honoring of Journalist and Doctor on the occasion of installation of our club we felicitated two important persons who served the society.

1 Jayaram shriyan for purposeful journalism and charitable services to the society

2 Dr. Chithralekha for her enormous service to the society as a Gynaecologist in and around Surathkal.

Financial Help - Contribution To Arogya Bharathi Trust Contributed an amount Rs.50000 to Arogya Bharathi Trust-Karnataka Chapter for their health related activities among needy and poor on 07.03.2022.

Guest Appearance - Guest To The School Day Function President of our club was invited as chief guest at the School day function of Tadambail Zilla Panchayat Madari School on 12.30.2022. IPP attended and represented the club. Our member Savitri was honoured during function for the service she rendered in supplementary teaching regarding "Bhasha Kowshalya".

Flag Exchange - Flag Exchange With Malaysian Club Our ISO met Malaysian Delegates at Vanita Park along with IWC Mangaluru North on 12.23.2022. She exchanged our flag with them.

Flag Exchange - Inter District Flag Exchange 1. On September 3rd our ISO took initiative for an inter district flag exchange with IWC Goa

2. We had an inter district flag exchange with Dist.321, IWC of Alleppey at our secretary's residence on 09.26.2022. Exchanged flags, gifts, bulletins and pleasantries. Dist.321, Alleppey club PP. Mrs. Vimala Vishwanath brought our Silver Jubilee lucky dip book at Rs.2500 as a token of gift.

District Conference - Attending District Conference District conference "kanasu" held at Chikmagaluru on 12.19.2022 was attended by our members. Dr. Reshma received a certificate and silver coin as a gift in elocution competition conducted by IWC Puttur. Reels recorded by our club members was exhibited there.

Celebration of Independence Day - Celebration of Independence Day In Two Places 1 Independence Day was jointly celebrated by flag hoisting with Rotary and Nagarika salaha Samiti at Virat, Surathkal. Members of our club also participated in large nos.
2 Participated in flag hoisting and conducted several competition at Kalawar Higher Primary School.

Participation - Attending District and Association Events Our members attended and actively participated in the district and Association events as below

1. Our office bearers and members attended the virtual inaugural session of COTI Orientation program "Shubhakruth" from the inaugural session(26/06/2022) to valedictory session(29/06/2022)

2. Nineteen members represented the Dist. Assembly "Niyathi" on both days at Kannada Bhavana, Moodabidri on 9th and 10th of July

3. Our club ISO attended the virtual Medical awareness seminar on 19/07/2022

4. Two members attended the Dist. Rally "Kushi" at Kushalnagar

5. Our ISO and other two members were attended the Association South Zone Meet "Symphony" at Shree sai Leela Rangamandira, Hospet/Hampi on 20th-21st august

Participations - Attending of Other clubs Function our members attended and actively participated in surrounding club installation functions as below

1. Ten members to Rotary club of Surathkal at Rajarajeshwari Sabhangana Hall on 26/06/2022

3. Five members to IWC Mangalore South at Eden Garden on 05/07/2022

4. Four members to IWC Padubidri on 16/07/2022

5. Seven members to IWC Kinnigoli at Rotary Rajatha Bhavana on 17/07/2022

6. Four members to IWC Mangalore North 23/07/2022 at Rotary Balabhavan.

Teacher's Day Celebration - Honoring Members Honored three members of our club during teacher's day who came forward for supplementary teaching at different Govt. schools.

Handicap & Spastic

Medicines - Medicines provided to a handicapped person during Installation of our club.

Supporting And Encouraging Handicapped Children - On the occasion of Installation every year we use the flowers made from handicapped children. This year also we purchased handicraft flowers from them to honor the guest in the function on 07/03/2022

Other Medical Assistance

Blood Group Detection - Blood Grouping Test To School Children We arranged Blood Grouping Test for the kids of Govt. Higher Primary School, Katipalla on 08.24.2022.

Wheel Chairs Donation - Wheel chairs To Wenlock Hospital Donated two Wheel chairs to Govt. Wenlock Hospital, Mangaluru on installation day of our club on 07.03.2022.

Continuous projects

Self Defence - Self Defense program on International Girl Child Day Self defense program was organized on international girl child day with NSS of GDC, Surathkal at Hiriya Prathamika Shale, Dalenthabettu. Students were trained in self defense during critical situation by Sri Karthik Kateel on 10.12.2002.

Breast Feeding Week Celebration - Talk on Significance of Breast Feeding Breast feeding week, our continuous project which was celebrated at Anganwadi Kulai. Young mothers were addressed on importance of Breast Feeding by Dr. Reshma. k. Rao. Our club president. Mrs. Preetha from public health centre informed about various Govt. Schemes for pregnant and lactating mothers. On 08.04.2022.

Retention & Ex tension in Inner Wheel

Induction Of New Members 8 new members were inducted this year so far increasing the membership by 27%.

Indian Art & Culture

Children's Day - Children's Day Celebration At Anganwadi Our club members celebrated children's day on 11.14.2022 with Anganwadi, Hosabettu toddlers. Various competitions were conducted for the kids. Prizes, colouring books, crayons and sweets were distributed to them

Rakshabandan Day - Rakhi Day Celebration with Rotary Brothers We celebrated Rakhi day by tying rakhi to Rotary brothers on 08.11.2022 and felt glad to receive an amount Rs. 2300 as token of gift to be used to charity

International Yoga Day - Yoga Performing on Yoga Day International Yoga Day was celebrated by performing yoga at Sharadha Mathru

Mandali Hall on 06.21.2022. On that day we felicitated yoga guru Mrs. Asha Prasanna and Quiz on Yoga was conducted. Ladies were taught different asanas and benefits of asanas.

Anemia

Awareness - Awareness talk on Anaemia and Deworming Our club past president Dr. Shashikala addressed the parents of Anganvadi, Hosabettu toddlers. Examination on Anaemia was carried out. Iron and protein supplements were distributed on 11.17.2022.

Awareness - Talk on Hygiene And Healthy Balanced Food Arranged an awareness talk by Dr. Indira Shetty on hand wash, hygiene and healthy eating to the school children and parents of Katipalla Higher Primary School on 08.24.2022.

Early Detection - Detection And Treatment Camp Awareness and detection of anemia camp was carried out at Kulai Anganvadi on 08.04.2022. Dr. Chitralekha addressed the mothers of toddlers on iron rich food supplements and importance of deforming. Iron and protein supplements were distributed to the needy.

Environment

Water(Clean Drinking Water) - Water Purifier to Anganwadi Aqua guard was given to Kaluvar Higher Primary School during our club installation on 07.03.2022.

One more water purifier was donated to Hosabettu Anganwadi to ensure the supply of clean drinking water to toddlers on 11.17.2022.

Plastic Waste Management - Beach Cleaning On account of "Swatch Sagar Surakshit Sagar" campaign our members took part in the cleaning drive and beautification of Iddya beach on 09.17.2022. Many local service organizations were also participated along with us.

Tree Plantation - Planted Rare exotic flowering plants likely to go extinct planted at School Premises and fenced with cattle protector to mark Azadi ka Amrit Mahotsav at Kaluvar Higher Primary school premises on 08.15.2022. These plants were purchased by Ramprasad (who works for reforestation) to encourage reforestation

Plastic Waste Management - Distribution of Cloth Bags to Shops Distribution of cloth bags was carried out at local shops on 08.15.2022

Horticulture - Vegetable Seeds Distribution About six rainy season vegetable seeds in silver pouches distributed as guest recognition during installation to encourage horticulture on 07.03.2022.

Soil pollution - Learning Organic Way Of Growing Fruits World Environment day was marked by visiting Maria dragon fruit farm at Munchur on 06.05.2022. Mrs. Jasmine Arranha Progressive grower of exotic Dragon fruit was felicitated. Members were enriched on organic fruit farming.

Women & Adolescent girl welfare

Menstrual hygiene management - Awareness Talk

An Awareness talk on Menstrual hygiene management was conducted on 11.25.2022 at Govt. First grade college, Haleyangadi. Dr. Sowmya, Gynaecologist detailed on various healthy measures to handle Menstruation with ease. Mr. Madhava Bhandari introduced environment friendly sanitary napkins made of banana pith.

Health and Hygiene - Renovation of Washrooms Ladies washrooms at Govt. First grade college at Haleyangadi which was in bad condition was renovated and upgraded so that students could use it comfortably. Inauguration was made by PDC Mrs. Chitra Rao on 11.25.2022.

Positive Health - Exercise Session to Women Our member also a Zumba instructor Divya Shetty carried exercise session for promoting health among women on 10.16.2022 at Mahila Mandali, Kulai

Awareness Talk on Menopause Awareness speech on women health with special emphasis on menopause on 10.16.2022 by Dr. Vidhyashree Kamath was arranged at Kulai Mahila Mandali. At that time our PAS and also a dietitian Mitra Prabhu shared few important tips about balanced diet

Legal Help - Awareness Talk On Free Legal Service Awareness talk on free legal service was arranged at Govt. P.U.College Haleyangadi on the topics, 1 Child Abuse
2 Domestic Violence 3 Awareness Of Legal Aid on 07.21.2022.

Helping women in difficult circumstances - Donation Of Two Cows And One Calf Donated two Desi cows, one is Malnadu Gidda and its calf and other one is Gir from Gujarat to the needy woman. Along with cows cattle feed also was given on 07.20.2022 .

Skill Development & Rehabilitation - Self Help Initiative Miss Priyanka a poor girl given a sewing machine under self help initiative on Installation day.

Early Detection - Cancer Detection Camp

Awareness - Cancer Awareness camp

Cancer - 2022 With the help of well equipped "women's wellness clinic bus", we conducted the health camp and screening of oral cancer, breast cancer for women along with Rotary club, Yenopoya hospital and other local organisations. Camp was conducted at GDC, Surathkal on 12.11.2022. Two Cancer awareness camp were conducted. One at Ashraya Mahila Vedike, Kadambodi on 11.27.2022 in association with KMC, Mangaluru. Dr. Harish

spoke on breast cancer and Dr. Vidhyashree Kamath enlightened the gathering about cervical cancer. Both Demonstration on breast self examination and Breast cancer screening was carried out by Dr. Vidhyashree Kamath. And the other at Mahila Mandali, Kulai on 10.16.2022, in association with KMC, Mangalore. Demo on breast self examination was given.

Resource persons: 1.Oncologist Dr.Karthik 2. Gynaecologists' Dr. Vidhyashree Kamath.

They also addressed about cervical cancer and vaccination.

Education

Camp - Adolescence Awareness Camp A awareness camp was organised at NITK English Medium High School on 12.20.2022 regarding adolescence issues in association with KMC, Mangaluru. Dr Krithishree addressed the boys regarding adolescence issues. Dr. Srinath Shetty addressed the girls about menstrual disorders and healthy life style.

Financial Help - Annual Fees of Students Financial assistance given to Master Chirag(Rs15000) and Miss. Aradhya(Rs10000) to meet their school annual fees during our club installation.

Benches to Anganvadi Cheque handed over to Kulai Anganvadi Headmistress,Mrs.Mohini towards four benches on installation day. We felt happy to se the children sitting on the bench.

Supplementary Teaching Our three members came forward for supplement teaching in different subjects regularly one hour/week. Started on teacher's day 09.05.2022.

- 1) Volunteering for music classes at Govt. School, Hosabettu.
- 2) Volunteering to teach "Jeevana Moulya" at Govt. School, Tadambail
- 3) volunteering for imparting stories of "Powranika Katha" at Govt. School, Katipalla.



LIST OF PRESIDENTS & SECRETARIES WITH YEAR SINCE CHARTER

PRESIDENT	SECRETARY	YEAR
SULOCHANA V RAO	SHAKEELA SHETTY	1997-99
SUMA RAO	PUSHPALATHA B SHETTY	1999-2000
SITA SHASTRY	USHA RAO	2000-01
PUSHPALATHA B SHETTY	SULOCHANA V RAO	2001-02
USHA RAO	SUMA RAO	2002-03
SHOBHA RAO	SUMA RAO	2003-04
USHA KIRAN	SATYAVATHI H RAO	2004-05
SHARADA SHYAMSUNDAR	SATYAVATHI H RAO	2005-06
SWARNALATA K	SULOCHANA RAO	2006-07
SATHYAVATHI H RAO	SUNITHA GURURAJ	2007-08
DR SHASHIKALA	MALATHY SACHIDANAND	2008-09
DR SHASHIKALA	MALATHY SACHIDANAND	2009-10
BHAGYALAXMI	SWARNALATA K	2010-11
USHA GURURAJ	BRAMARA ACHAR	2011-12
MALATHY SACHIDANAND	VIDYA ARAVIND	2012-13
BRAMARA ACHAR	ROOPA KIRAN	2013-14
ROOPA KIRAN	BHAGYALAXMI	2014-15
VIDYA ARAVIND	MALATHY SACHIDANAND	2015-16
SWARNALATA K	USHA GURURAJ	2016-17
SUNITHA GURURAJ	VINITHA RAGHAVENDRA	2017-18
USHA KIRAN	SHUBADHA BHAT	2018-19
SHUBADHA BHAT	PAVANA KARANTH	2019-20
SUMITHRA ACHAR	SHYLA MOHAN	2020-21
SHYLA MOHAN	MALATHY SACHIDANAND	2021-22
DR. RESHMA RAO	SUNITA GURURAJ	2022-23

ಸುಖದ ಸೂತ್ರ

ಬೆಳಗಿನ ಸೂರ್ಯೋದಯ ಕಾಣಿಸಿರುವುದು
 ನನ್ನ ಮನೆಯ ಮುಖ್ಯ ದ್ವಾರದಲಿ
 ಸಂಜೆಯ ಸೂರ್ಯಾಸ್ತ ಸವಿಯಲು ಸಿಗುವುದು
 ಅಡುಗೆ ಮನೆಯ ಕಿಟಕಿಗಳಲಿ ||
 ಮಧ್ಯದ ಸಮಯ ಇರುವುದು
 ಮನೆಯ ಕಾಯಕಕ್ಕೆ ಮೀಸಲು |
 ಸಸ್ಯರಾಶಿಯ ಸೊಬಗಿನಲಿ ನಲಯಲು ||
 ಪ್ರಾಣಿ ಪಕ್ಷಿಯ ಕಲರವ ಕೇಳಲು |
 ನಗುತ್ತಾ ಜೀವನ ನಡೆಸಲು ||

ಮುಂಜಾನೆ ಏಳಲು, ರಾತ್ರಿ ಮಲಗಲು |
 ತಪ್ಪದೇ ಪಾಲಿಸು ನಗುತ್ತಲರಲು
 ಇದು ಜೀವನದ ಸ್ವರ್ಗವೆನಿಸಲು ||

ಕೆ. ಸ್ವರ್ಣಲತಾ(ಪಿ.ಪಿ.)

ಇನ್ಸ್‌ರ್‌ವೀಲ್ ಕ್ಲಬ್ ಆಫ್ ಸುರತ್ಕಲ್

ಬೆಳ್ಳಿ ನಾಲಿ ನಡೆದ ದಾಲಿ

ರಜತಾದ್ರೀಶನು ಸದಾ ಮಂಗಳವನ್ನುಂಟು ಮಾಡುವ ಸದಾಶಿವ ರೂಪದಲ್ಲಿ ನೆಲೆನಿಂತ ಸುರತ್ಕಲ್ಲನಲ್ಲಿ, ಈಗ ಒಂದು ಸುಂದರ ರಜತ ಮಹೋತ್ಸವದ ಸಂಭ್ರಮವು ಪುಟದಿದ್ದಿದೆ. ಸೇವಾನಿರತ ಸ್ನೇಹಮಯಿ ಲಲಿತಾಮಣಿಗಳ ಸುರತ್ಕಲ್ ಇನ್ನರ್ ವೀಲ್ ಸಂಘವು ಇಪ್ಪತ್ತೈದರ ನವತರುಣಿಯಾಗಿ ಬೆಡಗಿನ ರಾಣಿಯಾಗಿ ಉತ್ಸಾಹ ಲವಲವಿಕೆಗಳ ಚಿಗುರೆಯಾಗಿ ಕಂಗೊಳಿಸುತ್ತಿದ್ದಾಳೆ. ಸದಾ ಜನರೊಂದಿಗೆ ಬೆರೆಯುತ್ತಾ, ಅವರ ಹಿತವನ್ನು ಬಯಸುತ್ತಾ ತನು, ಮನ, ಧನಗಳನ್ನು ಧಾರೆಯೆರೆದು, ಸಂತಸದಿಂದ ನಳನಳಿಸುತ್ತಿದ್ದಾಳೆ.

ತನ್ನ ಸೇವಾ ವೈವಿಧ್ಯತೆಗಳಿಂದ, ಸುರತ್ಕಲ್ ಹಾಗೂ ಸುತ್ತಮುತ್ತಲ ಪ್ರದೇಶಗಳಲ್ಲಿ ಪ್ರಸಿದ್ಧವಾಗಿರುವ ಸುರತ್ಕಲ್ ಇನ್ನರ್‌ವೀಲ್ ಸಂಘ ಎಂಬ ಬೆಡಗಿನ ಬೆಳ್ಳಿರಾಣಿ, ಈ 25 ವರ್ಷಗಳಲ್ಲಿ ಅನೇಕಾನೇಕ ಲೋಕಾನುಭವ ಹಾಗೂ ತರಬೇತಿಗಳನ್ನು ಪಡೆದು, ಈಗ ಪ್ರಬುದ್ಧ ಪಟ್ಟಕ್ಕೇರುತ್ತಿದ್ದಾಳೆ. ಈ ಪಟ್ಟಾಭಿಷೇಕವನ್ನು ಸಂಭ್ರಮದಿಂದ ಆಚರಿಸಲು, ಸಂಘದ ಬೆಳ್ಳಿಬೆಡಗಿಯರು ಅತ್ಯಂತ ಉತ್ಸುಕರಾಗಿದ್ದಾರೆ.

25 ವರ್ಷದ ಕೆಳಗೆ 1997 ಸೆಪ್ಟೆಂಬರ್‌ನಲ್ಲಿ ಸದಾ ಜನಹಿತವನ್ನು ಬಯಸುವ ಸಾಹಿತಿ ಶ್ರೀಮತಿ ಸುಧಾ ಹರೀಶ್‌ರವರ ಅಮೃತಹಸ್ತದಿಂದ ಪ್ರಾರಂಭಗೊಂಡ ಸುರತ್ಕಲ್ ಇನ್ನರ್ ವೀಲ್ ಕ್ಲಬ್, ಮುಂದೆ ಶ್ರೀಮತಿ ಗೀತಾ ರವಿಕುಮಾರ್ ಎಂಬ ಧೀರ ವನಿತೆಯಿಂದ 1998ರ ಡಿಸೆಂಬರ್‌ನಲ್ಲಿ ಸನದುವನ್ನು ಪಡೆದುಕೊಂಡಿತು. ಹೆಸರಿನಲ್ಲೇ ಸುಧೆ(ಅಮೃತ)ಯನ್ನು ಹೊತ್ತಿರುವ ವನಿತಾರತ್ನರಿಂದ ಆರಂಭಗೊಂಡ ಕಾರಣವೋ, ಇಡೀ ಮಾನವ ಕುಲಕ್ಕೇ ಅಮೃತಪ್ರಾಯವಾಗಿರುವ ಗೀತೆಯ ಹೆಸರಾಂಕಿತರಾದವರಿಂದ ಸನದು ಪಡೆದ ಕಾರಣವೋ, ಅಥವಾ ಎಲ್ಲಕ್ಕೂ ಮಿಗಿಲಾದ ಅಮೃತವನ್ನೂ ಗೀತೆಯನ್ನೂ ಜಗತ್ತಿಗೆ ನೀಡಿದ ಪರಮಾತ್ಮನ ಪೂರ್ಣದಯದಿಂದಲೋ, ಅಂತೂ ಈ ಬೆಳ್ಳಿರಾಣಿ ಅನೇಕ ವಿಷಮ ಪರಿಸ್ಥಿತಿಗಳನ್ನು ದಾಟಿ ಸಶಕ್ತಳಾಗಿ ನಿಂತಿದ್ದಾಳೆ. ಸವಾಲುಗಳು, ಎಡರು ತೊಡರುಗಳು ಬಾಳನ ಅವಿಭಾಜ್ಯ ಅಂಗ. ಅವುಗಳನ್ನು ಧೈರ್ಯದಿಂದ ಎದುರಿಸುತ್ತಾ ಗುರಿ ಮುಟ್ಟುವುದೇ ಸಾಧನೆ. ಇದನ್ನು ಸಾಧಿಸಿ ತೋರಿಸುತ್ತಿದ್ದಾಳೆ, ನಮ್ಮ ಬೆಳ್ಳಿರಾಣಿ!

ನಮ್ಮ ಈ ಸಂಘವು ಆರಂಭಗೊಂಡಾಗ, ಅದರ ಬಗ್ಗೆ ಅದನ್ನು ನಡೆಸಿಕೊಂಡು ಹೋಗುವ ಬಗ್ಗೆ ಅರಿತವರು ಕೇವಲ ಒಂದೆರಡು ಮಂದಿ ಮಾತ್ರ. ಉಳಿದವರಿಗೆ ಅಂಜಿಕೆ ಮಾತ್ರ! ಕೇವಲ ಗೃಹಿಣಿಯರಾಗಿದ್ದು, ಹೊರಪ್ರಪಂಚದ ವಹಿವಾಟುಗಳ ಬಗ್ಗೆ ಅರಿವಿಲ್ಲದೆ ಅಂಥವರು ಇಲ್ಲೇ ಅರಿತವರಿಂದ ತರಬೇತಿ ಪಡೆದು, ಒಳ್ಳೆಯ ನಾಯಕಿಯರಾದರು. ವೇದಿಕೆಯ ಮೇಲೆ ನಿಂತರೆ ಸಭಾಕಂಪನದಿಂದ ಬೆವರುತ್ತಿದ್ದವರು, ಮುಂದೆ ಸಭೆಯೇ ಕಂಪಿಸುವಂತೆ ಮಾಡುವಲ್ಲಿ ಸಿದ್ಧಹಸ್ತರಾದರು. ಒಂದು ಸಣ್ಣ ಕಾರ್ಯಕ್ರಮವನ್ನು ಏರ್ಪಡಿಸಲು ತಿಳಿಯದವರು ಮೆಡಿಕಲ್ ಕ್ಯಾಂಪ್, ಸಪ್ತಾಹಗಳು, ರ್ಯಾಲಿಗಳು, ಕಾನ್ಸರ್ಟ್‌ಗಳಂತಹ ದೊಡ್ಡ ಮಟ್ಟದ ಕಾರ್ಯಕ್ರಮಗಳನ್ನು ಅಲಾಜಾಲವಾಗಿ ನಡೆಸುವಷ್ಟು ಸಮರ್ಥರಾದರು. ಜಿಲ್ಲಾ ಮಟ್ಟದವರೆಗಿನ ಎಲ್ಲಾ ಪದಾಧಿಕಾರಿಗಳೂ, ಮಾಜಿ ಅಧಿಕಾರಿಗಳೂ ಸದಾಕಾಲ ಮಾರ್ಗದರ್ಶನ ನೀಡಲು ತಯಾರಾಗಿ ನಿಂತಿರುತ್ತಿದ್ದರಿಂದ.

ಅರೆ ಅನುಭವಿಗಳಗೂ, ಅನುಭವಿಗಳಗೂ ಭಯದ ಬಾಧೆಯೇ ಇರಲಿಲ್ಲ. ಇದು ಈಗಲೂ ಹಾಗೆಯೇ ಮುಂದುವರೆದಿದೆ. ಇಂದು ಇಡೀ ಜಗತ್ತಿನಲ್ಲೇ ಇನ್ನರ್‌ವೀಲ್ ಇಷ್ಟೊಂದು ಹೆಸರು ಪಡೆಯಲು ಇದೇ ನಿಜವಾದ ಕಾರಣ ಎಂದು ನನ್ನ ಭಾವನೆ.

ನಮ್ಮ ಬೆಳ್ಳರಾಣಿ ಕೂಡಾ ಒಂದು ರ್ಯಾಲಿ ಮಾಡಿ, ಒಂದು ಕಾನ್ಫರೆನ್ಸ್ ನಡೆಸಿ, ಈಗ ರಜತಸಂಭ್ರಮವನ್ನು ಆಚರಿಸುತ್ತಿದ್ದಾಳೆ. 21 ಮಂದಿ ಚಾರ್ಟರ್ ಸದಸ್ಯೆಯರಿಂದ ಆರಂಭಗೊಂಡ ಈ ಸಂಘದ ಮಾತೃಸಂಸ್ಥೆ, ರೋಟರೀ ಸುರತ್ಕಲ್! ಇವರ ಅವಿರತ ಸಹಕಾರ ಬೆಂಬಲಗಳು ಅವಿಸ್ಮರಣೀಯ.

ಅರ್ಧನಾರೀಶ್ವರ ರೂಪನಾಗಿ, ನಾರಿಯರು ಯಾರಿಗಿಂತಲೂ ಕಡಿಮೆಯಿಲ್ಲ ಎಂದು ಸಾರುತ್ತಿರುವ ರಜತಾದ್ರೀಶನ ನಾಡಿಗೆ ಒಪ್ಪುವ ಈ ಬೆಳ್ಳನಾರಿ, ಬೆಳ್ಳಹಬ್ಬದ ಬಳಿಕ ಚಿನ್ನದ ಹಬ್ಬವನ್ನು ಆಚರಿಸುವಂತಾಗಲು ಸ್ವರ್ಣಪರ್ವತ ಮೇರು ನಿವಾಸಿ ಶ್ರೀ ವಿಷ್ಣುಮೂರ್ತಿ ದೇವರು ಪರಮಾನುಗ್ರಹ ಮಾಡಲಿ ಎಂದು ಬೇಡುತ್ತೇನೆ.

ಹಿರಿಯರ ನುಡಿ ಚಂದ | ಎಳೆಯರ ನಡೆ ಚಂದ ||
 ಇನ್ನರ್ ವೀಲನಲ್ಲ ಈ ಮುದ್ದು ಜೋಡಿ ಬಲು ಚಂದ ||
 ಮನವರಿತ ಸಂಘಟನೆಗಳ ಸಮ್ಮಿಲನ ಬಹು ಅಂದ ||
 ಹೊಂದಿ ನಡೆವ ಮೃದುಹೃದಯಗಳ ಸೇವೆ ಮಹದಾನಂದ ||
 ಇದು ನಮ್ಮ ಬೆಳ್ಳ ಬೆಡಗಿನ ರಾಣಿಯ ಅಂದ ಚಂದ ||



ಸತ್ಯವತಿ ಹರಿಕೃಷ್ಣನ್

ಸಂದೇಶ

ಹೆಂಗೆಳೆಯರ ಬಳಗವಿದು
 ಒಮ್ಮನದಿ ಕಲೆಯುತಿದೆ
 ಹೃಸ್ಥನದಿ ಮಿಡಿಯುತಿದೆ
 ಅನವರತ ದುಡಿಯುತಿದೆ
 ಸೋತವರ ಸಂತೈಸಿ, ಗೆದ್ದವರ ಬೆನ್‌ತಟ್ಟಿ
 ಸನ್ಮಾರ್ಗ ತುಳಿಯುತಿದೆ, ಸಂತಸವ ಹಂಚುತಿದೆ
 ಸತ್ಸಂಗ ಹಿಡಿಯುತಿದೆ ಸಂದೇಶ ಹರಡುತಿದೆ
 ಸರ್ವೇಜನಾಃ ಸುಖನೋ ಭವಂತು



ಸಾವಿತ್ರಿ ರಮೇಶ್ ಭಟ್ ಎಸ್.ಜಿ.

MUSINGS

Warm Innerwheel Greetings ! As a Charter member of the club it is indeed a moment of pride to witness the club touching an important milestone of twenty five years of relentless service in the way of giving back to society and also strengthening the bond of friendship. The path tread collectively in service and camaraderie holds everlasting memories forever in one corner of our hearts. Highly satisfactory, contented and fulfilling moment has finally arrived. It was a journey from retro to metro with all its challenges and happy to have witnessed this journey consistently with many a reformations and evolutions over a period of time. Being in IW has made us grow in leaps and bounds in diverse areas. It has made us discover our strengths and weaknesses, igniting our inherent talents, organising abilities and bringing forth our potential and capabilities and making us a responsible citizen in discharging our social duties. I honestly feel that being a President and to lead a group is no doubt a wonderful experience which every one should shoulder for developing leadership qualities, communication skills, social contacts and to enhance one's skill set. It is a post not to be missed out for the life lessons it teaches us. So enjoy the pleasure and pressure of being one. And the best part is that involving ourselves in service makes us more empathetic and humane. The smile we bring on in lives of the needy is highly rewarding. Enroll yourself to be the difference you create through service.

Hearty congratulations to IW Surathkal for holding District events, executing mega projects, taking up worthy initiatives, fund raising events and being true to it's motto of service and friendship. Hoping to see the Golden Jubilee too. A big shoutout to all the dedicated members. Long live IWS.

Always In Service & Friendship

Sunitha Gururaj.

ಕನಸುಗಳು

ಮನಸ್ಸು ಮುದಗೊಂಡಿದೆ ಸಂತಸದ ಅಲೆಯಲ್ಲಿ
ಅಲೆಗಳಿಗೆ ತೀರ ತಲುಪುವ ಧಾವಂತ
ಪುಳಕಗೊಂಡಷ್ಟು
ಭೋರ್ಗರೆವ ಹುಮ್ಮಸ್ಸು, ತೀರ ತಲುಪಿದೊಡೆ
ಸ್ವರ್ಣಿ ಹಿಂತಿರುಗುವ ಮುಗ್ಧ ಮನಸ್ಸು
ತೀರ ಇನ್ನೂ ಕಾಯುತ್ತಿದೆ ಹೊಸ ಅಲೆಗಳ
ಕನಸು ಹೊತ್ತು
ಏನಂತ ಬಣ್ಣಿಸಲಿ ನಿನ್ನ
ಅದೇನೋ ಸೆಳೆತ
ಬರಿದಾಗಿದೆ ಪದಪುಂಜಗಳು
ಮುಂಜಾನೆಯ ರಶ್ಮಿ ಮುತ್ತಿದ ಇಬ್ಬನಿ ಅನ್ನಲೇ
ಇಲ್ಲ! ಇಬ್ಬನಿಯು ಕರಗುವುದು ಗೆಳತಿ
ಅದೆಷ್ಟೋ ಸುಂದರ ಪದಗಳ ಮೀರಿ ನಿಂತಿರುವೆ
ಗೆಳತಿ
ಪದಗಳೆ ಸಾಲುತಿಲ್ಲ, ನಿನ್ನ
ಮುಗ್ಧ ನಗುವಿನಲೆ ಕಳೆದು ಹೋಗಿದೆ ಕವಿತೆ.
ಇರಬಾರದೆ ಪುಟ್ಟ ಮನಸ್ಸು..... ಯಾವ ಭಾವಗಳ
ಬಂಧಿಯಾಗದೆ ಇರುವ ಮೌನ ಕನಸು...
ಮಾತಿಗೂ ನಿಲುಕದೆ ಇರುವ ಸುಪ್ತ ಕವನ

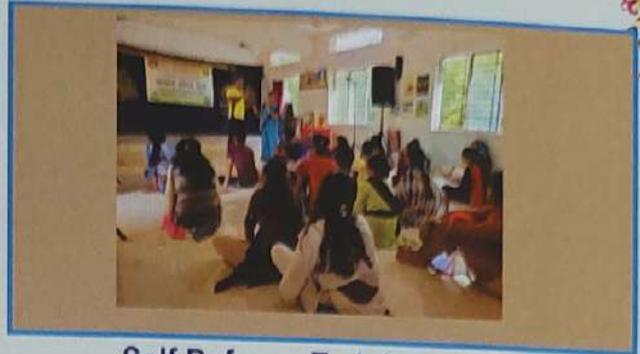
ಕನಸಿನೊಳು ವಿಹರಿಸುವ ದೃಶ್ಯ ಕಾವ್ಯ....
ಅದರದೊಂದು ಸುಂದರ ಕಥೆಗಳ ದಿರಿಸು
ಇರಬಾರದೆ ಹಿತವಾದ ಮೌನ
ಮೋಡಗಳ ಸರಮಾಲೆಯ ನಡುವೆ ಹಾದುಬರಲು
ಕಿರಣಗಳ ತವಕ....
ಇಳಿಗೆ, ಇನ್ನೇನು
ಸ್ವರ್ಣಿಸುವೆನೇ ಎಂದು ತುಡಿತ...
ಎರಡು ಭಾವನೆಗಳ ಆತುರದಲ ಮಳೆಯ ಚುಂಬನ
ನಿರಾಸೆಯ ಒಳಗು ಇಳಿಗೆ ಇನ್ನೂ ಕಿರಣಗಳ ತುಡಿತ
ಬಿದಿಗೆ ಚಂದಿರನೆದುರು ಬಗಿದಪ್ಪಿದಳು ಗೆಳತಿ
ತನ್ನ ಮೌಲ್ಯದ... ನೆನೆದು, ತನ್ನಿರವನ್ನೆ ಮರೆತು
ಪ್ರೀತಿಸಿದಳು ಗೆಳತಿ
ಇಂದಿಗೆ ಕೊನೆಯಿಲ್ಲ, ಮೊದಲಿಲ್ಲವೆಂದು ಪ್ರೀತಿಸಿದಳು
ಕತ್ತಲ ಬೆಳಕಲ್ಲ ತನ್ನದೇ ಪ್ರತಿಬಿಂಬ ಕಂಡಳು
ಬೆಳಕಿನೆಡೆಗೆ ಕಣ್ಣು ಹಾಯಿಸುತ್ತ, ಕಾದು ಕುಳಿತಳು
ತನ್ನದಲ್ಲದುದು ನೆನೆದು
ಮತ್ತದೇ ನೋವಿನ ಪ್ರೀತಿ

ವಿದ್ಯಾ ರಾಮ್‌ಮೋಹನ್

PROJECT TIME PHOTOS



Water Purifier to Kalavaru School



Self Defense Training at NSS



Swaccha Sagar Campaign



Wheel Chair to Wenlock Hospital



Independence day celebration at GDC & Kalavar



Ladies Washroom Renovation



Blood Group Checkup



Runners up on Assembly day



Cloth Bag Distribution



Adolescence Camp at NITK School



Water Purifier to Hosabettu Anganwadi

ಮನದ ಮಾತು



ಸಮಾಜದಲಿ ಇನ್ನರ್‌ವೀಲ್ ಕ್ಲಬ್ ೩೧೩ರ ಜಿಲ್ಲಾಧ್ಯಕ್ಷೆ ಶ್ರೀಮತಿ ಕವಿತಾ ನಿಯತ್‌ರವರ ಅಧಿಕೃತ ಭೇಟಿಯ ಈ ಸಂದರ್ಭದಲ್ಲಿ ನಮ್ಮ ಗೃಹಪತ್ರಿಕೆ "ಸುರಭ" ಇಂದು "ಬೆಳ್ಳಿ ಬೆಡಗಿ"ಯಾಗಿ ನಿಮ್ಮ ಮುಂದೆ ಬಂದು ನಿಂತಿದ್ದಾಳೆ. ಸಂಪಾದಕೀಯದ ಲೇಖನಿಯನ್ನು ಹಿಡಿಯುವ ಭಾಗ್ಯ ನನ್ನದಾಗಿದೆ. ಇದಕ್ಕಾಗಿ ಸಹ ಸಂಪಾದಕರಾಗಿ ಸಹಕರಿಸಿದ ಶ್ಯಾಮಲ ಕುಂಜೂರ್, ಮಾಲತಿ ಸಜ್ಜಿದಾನಂದ ಮತ್ತು ಸಾವಿತ್ರಿ ರಮೇಶ್ ಭಟ್, ಇವರಿಗೆ ವಂದನೆಗಳು ಹಾಗೂ ಲೇಖನಗಳನ್ನು ಕೊಟ್ಟು ಸಹಕರಿಸಿದ ಗೆಳತಿಯರಿಗೂ ವಂದನೆಗಳು.

ಈ ರಜತ ವರ್ಷದಲ್ಲಿ ಅಧ್ಯಕ್ಷೆಯಾಗಿ ರಾರಾಜಿಸಿದ ಸದಾ ನಗುಮೊಗದ ಆಯುರ್ವೇದ ವೈದ್ಯೆ ಡಾ| ರೇಷ್ಮಾ ಅವರು ತನಗೆ ಸಿಗುವಂತೆ ಅಮೂಲ್ಯ ಸಮಯವನ್ನು ಸಮಾಜಮುಖೀ ಚಟುವಟಿಕೆಗಳಿಗೆ ಮೀಸಲಾಗಿ ಇಟ್ಟಿರುವುದು ನಿಜವಾಗಿಯೂ ಅಭಿನಂದನೀಯ. ಇನ್ನೂ ಇಂತಹ ಹಲವು ಯೋಜನೆಗಳು ಅವರ ಮೂಲಕ ನಡೆಯುತ್ತಾ ಇರಲಿ, ಎಂದು ಆಶಿಸುತ್ತೇನೆ.

ಈ ಅವಕಾಶವನ್ನು ಆಸ್ವಾದಿಸುತ್ತಾ ಲೇಖನಿಯನ್ನು ಕೆಳಗಿರಿಸಿ,

ನಿಮ್ಮವಳೇ ಆದ,
ಭ್ರಮರಾ ಆಚಾರ್

Best wishes from

Eshaan Achar & Kanishka Sinha

