







BULLETIN DECEMBER 2022

INNER WHEEL CLUB UDUPI

Charter No. 4387

Mrs. Rashmi Holla President, 2022 - 2023 **Mrs. Deepa Bhandary** Secretary 2022 - 2023





President's Message

Dear Innerwheel friends,

Our projects have been featured in FB page of Association of Innerwheel club, India. Let us continue our good work with same enthusiasm. I wish all of you Happy New Year and all the best for your future endeavors.

Thank you.

Smt. Rashmi Holla

Editorial

Its 6 months since the team has taken up the challenge to 'Work Wonders.' We never predicted that we could reach out to so many people and bring a change in their lives. Surely it has changed our out look to so many things. The new year brings' New Hopes New Visions New Dreams'. In the next 6 months I hope we can cross many more bridges and work with more commitment and celebrate the joy of having a better brighter tomorrow as we hand over the baton to the next team



Smt. Vaishnavi Acharya

The Boarding on Flight 2023 has been announced......

Your luggage should only contain the best souvenirs from 2022....

The bad and sad moments should be left in the garbage......

The duration of the flight will be 12 months.

So, tighten your seatbelt

The next stop-overs will be: Health, Love, Joy, Harmony, well-being and Peace.

The captain offers you the following menu which will be served during the flight......

A Cocktail of Friendship

A Supreme of Health

A Gratin of Prosperity

A Bowl of Excellent News

A salad of Success

A Cake of Happiness

All accompanied by bursts of laughter.....

Wishing you and your family an enjoyable trip on board of flight 2023.... Before Ends,

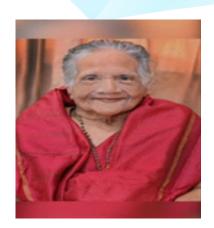
Let Me Thank All The Good People Like You,

Who Made 2022 Beautiful For Me.

I Pray You be Blessed With Faithful Year ahead ©©







TRIBUTE

Our tributes to our Senior most member Madam
Kamalamma Udupikar 104 years who attained the Lotus
Feet of the Lord in the early hours of 24th December.

May her soul get sadgati.

God give strength to all the family members to go
through this difficult time.

Om Shanti.

Amazing Magnificent Magnanimously Affectionate - Kamalamma Udupikar



Our senior most member, a centenarian, AMMA to all the Inner Wheel Sisters not only in our club but all over is now a twinkling star in the vast sky. She left this world to the place where she belongs after living a worthy life on 24th December 2022..

The time spent with her will be cherished for years to come. We had amazing times when we had our monthly meetings hosted by

her. She would welcome each one of us with a genuine affectionate hug at the door step and personally saw that we were comfortable, would meet all our individual needs. She was a friend, philosopher and guide. She would be extremely excited that we had assembled, entertain us with Yakshagana steps and her humorous pep talks. Her hospitality was incredible and tongue tickling food spread would be planned and made by her personally.

She would be seated on the first row during all our cultural events, enjoy every show put up and never missed to appreciate what we had done. An ardent lover of our culture, she would love it when we followed it whether in dress, dance or any other thing.

Amma, we will always remain grateful for your blessings, advice and fondness. We are sure you will continue to guide and keep us under your protective wings from where ever you are.

Deepa Bhandary



PROJECTS

SECRETARY'S REPORT



Deepa Bhandary Secretary

3rd Dec IW C Udupi conducted a Bone Density checkup camp at Mitra Nursing Home.

More than 40+ availed the facility. The general public, people from different strata of society came for the check up.

More than 25 members were detected for osteoporosis. They were suggested medication by Dr B G Acharya. Severe cases were referred to the Orthopedic department.





26th Dec Our member
Girija Rao visited
Balaniketan on the
ocassion of her birthday
and honoured Mataji, the
caretaker of the children
and sponsored their
afternoon lunch.







FELLOWSHIP

1st Dec ISO Surekha and members met the PP of IW C Pune Ms Jayshri and IW C Pune North Ms Meena Dist 313 who were members of a Car Rally on a visit to Manipal. We spent some time with them and exchanged the club flag.





23rd Dec. Members from 3 Inner Wheel Clubs of Malasia visited us and we had a fellowship meet with them. The Club ISO Ms Surekha exchanged the club Flags and mementoes to commemorate their visit to our club.

Mrs Vasugi President and Mrs Komathi of IWC Ipoh, Dr Theyveeka President IWC Klang, Mrs Swarna, IWC Butterworth, Mrs Arvind President IWC Penang, Mrs Sarala President Ipoh East, Mrs Anu District Treasurer were with us.







DISTRICT EVENT

17th & 18th Dec – 6 members from the club registered for the 53rd District Conference 'Kanasu' at Chickmagalur. The event was a mixture of entertainment and business session. Our Club ISO Surekha Kalkura got the lucky ISO Prize. All the CGR's were appreciated for the help rendered to the Chairman. Our ISO Surekha handed over the prizes to the prize winners of the District level contest she had conducted.















- 1. What are the different parts of Innerwheel Logo, the Wheel and what they represent?
 - 24 teeth in the outer wheel represent the Clubs in the world
 - 24 teeth in the inside wheel represent link with other organisations and charities
 - 6 Cogs represent Officers and committees.
 - 1 Dot. represents Individual member.
- 2. What is the minimum number of members required to start a club
 - 2.10
- 3. What is the qualifications required to enter the dist executive post of our IW Dist 318?
 - 3. The member of the Dist Executive committee should be past president of the club & should have been a member for at least 5yrs at the time of nomination. She must also have attended at least one of the two Dist committee meeting, in the capacity of voting delegate.
 - In our innerwheel district 318, she should also have served as club secretary & Treasurer.
- 4. Through which post does an innerwheel member put her nomination to enter the District to serve as District Executive officer?
 - 4. Dist ISO post
- 5. List the order of members who qualify to be MEMBERS of the DISTRICT COMMITTEE .
 - 5. *District officers
 - *Ex -officio members
 - *Club voting delegates
 - *Constitution and credentials committee chairman
 - All PDCs
- 6. When does a Club get the oppurtunity to nominate an extra member from the Club as a member of the District Committee?
 - 6.One additional voting delegate for EVERY 50 Members may be elected from Clubs with 51 or more active members
- 7. As per the proposal passed at the recent Triennial conference, who is that member who is now part of the District Committee but has no voting rights?
 - 7. Constitution and Credentials committee chairman

Members having Birthdays and Anniversaries were recognised, wished and given souvenirs.

BIRTHDAY		ANNIVERSARY	
Malati Amin	1st Dec	Girija Rao	1st Dec
Deepa Bhandary	3rd Dec	Mamatha K	9h Dec
Vidya Shenoy	13th Dec	Pushpa G	13th Dec
Girija Rao	23rd Dec	Anuradha Nayak	20th Dec
Ravikala	26th Dec	Rashmi Holla	25th Dec



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