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Aralu Mallige



Chater No.2823
IW Dist. 318 - India

INNER WHEEL CLUB OF MYSORE MIDTOWN

ISSUE 03 * SEPTEMBER 2023



FRIENDSHIP DAY CELEBRATION



We need friends all the time. For any need, we can take help from friends and live the best life .We are moving forward in this modern era. For People who cannot give time to their friends, Friendship Day motivates all those people to meet their friends.

That's what IW midtown does every year. It is an opportunity to meet all the inner wheel friends from all the clubs in Mysore.

Our club organised friendship day at sports club on 12th august at 3 pm. Retro was the theme.

Games like Retro tum bola, retro dumb charades to recognise old songs were played followed by retro dance..... wasn't that interesting.

Members from inner wheel club of Mysore, North, Central, West, southeast, Gold, Aisiri, Nanjangud, Hunsur participated.

Games were played, dance was enjoyed by all members .

Our friends from other clubs danced to the tune and steps along with our members.....Smitha, Rashmi, Roopa,



Kala, Shanthi, Sowmya and Ashwini.

Tum bola was played in the names of old actors and actresses instead of numbers.

Dumb charades was to recognise the songs by each group formed in the name of yesteryear actresses.....the highest group who scored got the prizes.

Prizes were also given for 7 members who wore retro style dress. PDC Sarika Prasad got the best dressed retro style prize , 6 others were given appreciation prizes and encouraged for following the theme given.

Few members got lucky ladies prize. All members who attended enjoyed and had fun with friends.

Selfie's cannot be forgotten as it was filled on what's app. High tea was served with snacks, coffee.

Friendship day is a reminder of the importance of friends in our lives. It's a day to cherish and celebrate the bond we share with our friends.



PP Sheela Urs





SECOND GENERAL BODY MEETING



Second general Body Meeting was held on 12th August at sports Club. It was hosted by Kusuma Chandrashaker, Savitha Venkatesh, Roopa Ashok, Sowmya Ravikumar, Sheela Urs, Anuradha Nandakumar.

The proceedings of the meeting were held according to the protocols. Friendship day was celebrated. Second bulletin Aralu mallige was released by our PDC Mrs. Chandrika Raghu.



President's message



Dear Inner Wheel Friends,

On this friendship day, I extend my warm greetings to each one of Inner Wheel friends. The very important Objective of our wonderful organization is to promote True & valuable friendship. Let's be grateful to all those friends who make us happy. Friendship not only bless us but promotes tolerance, love among each other. 12th August was finest moments as Inner wheel Celebrated Friendship at sports club. Inner Wheel friends were at its peak enjoying every activity which was Organized. Thanks to the host who organized the event in Style. Also, fun with games, singing dancing programmes.

Final note to thank all the participants. Evening well spent.

- S.Muveen Suryani (Saba)



Editors Desk



Hi Friends.....

I enjoyed the friendship day Retro style was too good. I am entering to third edition, feeling nice. Enjoying this journey through the project, Events and friends.

ಅಜ್ಜಂ ನಿರ್ಮಲರ್ದಂ ನಿರಾಕಾರಮೇಶಂ
ನಿರಾನಂದಮಾನಂದಮಧ್ಯವಶೂರ್ಣಂ
ಪರಂ ನಿಗುಣಂ ನಿರ್ಮಲೇಷಂ ನಿರೀಷಂ
ಪರಬ್ರಹ್ಮರೂಪಂ ಗಣೇಶಂ ಛೇದಮೆ ||

Wish you all happy gowri Ganesha.....



- Jayalakshmi Rajeev





Shine a light team Projects



Our Club has donated 16 Steel plates and steel glass and steel bowl and cooker to Govt. School, Maddur Hundi, Jayapur hobli, Mysore Taluk, Mysore on 10-08-2023, Expenses - Rs.5000, this project was Hosted by our club.



Our Club has donated a wheelchair to a needy boy by name yashwant studying in JSSPDA, mysore on 15-08-2023, Expenses - Rs.5000, this project was sponsored by Mrs. S. Muveen Suryani our club President.



Our Club has donated Stationary Items (set of Crayons, Full pencil Box And two note books) for 21 students of Govt. Lower primary School in Soligara Colony , Jayapura Hobli, Mysore District, Mysore on 10-08-2023, Expenses - Rs.2200, We thank the club for Hosting the project



Our Club has donated an artificial limb (below knee prosthesis) to a needy person by name Chaluvaraju , aged 72 years, whose leg was amputated due to Diabetes. The Artificial limb was calibrated and manufactured at JSS Artificial limb centre. On 17-08-2023, Expenses - Rs.4500, We thank Mrs. Vidhya Bhat for Hosting the project.



Our Club has donated 12 Calendar World and Karnataka Maps to Govt. School, Maddur Hundi, Jayapur hobli, Mysore Taluk, Mysore on 10-08-2023, Expenses - Rs.2880, We thank the club for Hosting the project.



Our Club has donated food for the inmates of Nava Jeevan Niketanawhich is taking care of Adolescent children. On 18-08-2023, Expenses - Rs.4000, It is club's Continuous project, our PP Mrs. Uma Vivek sponsored this project.



Our Club has donated money towards painting of cartoon pictures and name of the school on the School walls and compound walls of Govt. School , Vasantha Nagara, Mysore. on 14-08-2023, Expenses - Rs.8000, We thank the club for Hosting the project.



Our Club has donated one Computer table to government lower primary school, soligara colony, mysore on 18-08-2023, this project was sponsored by our club charter member Mrs. Asha Natraj.



Our Club has donated Dictionary to 16 students, each of them got English to Kannada and Kannada to English dictionary one same set was also given to teacher for reference of government lower primary school, soligara colony, mysore. On 18-08-2023, Expenses - Rs.5000, this was sponsored by Mrs. Vidhya Bhat.



On 12 th August our club conducted friendship day. We conducted entertainment programs and games. Expenses - Rs.25000



On 29-08-2023, our club donated a tablet through Association President, tab Project. Expenses - Rs. 4600,



On 20th August Breastfeeding awarness walkathon was organised. chief guest : Her highness Smt. Trishika Kumari Wadiyar.



On occasion of Raksha Bandhan, 6 inner wheel clubs of mysore jointly celebrated by tying rakhi to the volunteers of mysore pinjrapole society On 30-08-2023. Expenses - Rs.12000, we adopted a cow for a period of one year.



On occasion of teachers day our club honoured two dedicated teachers of Ananta Geetha vidyalaya Mysore and also we wished 16 teacher's of the school for their wonderful service by giving pens as a token of appreciation. on 6-9-2023. Expenses - Rs. 900.



On 01-09-2023, our club donated Butterfly gas stove, preethi mixi with Inner wheel logo on it and also distributed apple to Residents of Bapuji Anand old age home, mysore. Expenses - Rs.15554, this project was sponsored by our club editor Mrs. jayalakshmi Rajeev.



On 6-9-2023, Our club celebrated Krishna Janmashtami along with the children of Anantha geetha vidyalaya Mysore and also we gave first three prizes for the kids of LKG and UKG dress up with Radha and Krishna this project was sponsored by Mrs. S. Muveen Suryani, Mrs. Sandya Suresh, Mrs. Vyjayanthi and Jayalakshmi Rajeev. Expenses - Rs. 2174.



On 6-9-2023, our club conducted an Awareness talk by Dr. Rama on "Health and Hygiene of girls" to high school of Anantha geetha vidyalaya, mysore, Expenses - Rs. 300.

Kitchen palace ಅಡಿಗೆ ಅರಮನೆ

KHATTA - MEETTA LEMON PICKLE

Ingredients :

- Lemon - 10 Numbers
- Sugar - 1/4 kg
- Chilli powder - 50gm
- Fenugreek / methi seeds - 2 tea spoon

Method :

Wash the lemons and cut them into pieces, add water into a vessel and boil for 20 minutes. Switch off the gas immediately add Salt (asper taste), sugar, chilli powder, dry roasted fenugreek powder and mix well.

Please note : Do not boil the mixture again keep aside for 2 days and serve the pickle.



Congratulations



Our Inner wheel club Mysore Midtown PP Rashmi kaveramma was awarded for Best Mentor day care and Montessori award from Karnataka Education award 2023 .

Congratulations



Our club ISO bagged Third prize in competition conducted by our district 318 ISO Mrs. Anita Suresh for all club ISO's. For a write up on " Explain the meaning of your name".

UP COMMING EVENT

STRONG WOMEN STRONGER WORLD 2021 - 2024

FRIENDSHIP & SERVICE

Shine a Light Inner Wheel 2023-2024

ASSOCIATION OF INNER WHEEL CLUBS IN INDIA

NATIONAL SPORTS MEET

Date : 6th, 7th & 8th OCTOBER

Venue : District Stadium, Belagavi

SOLASTA

Hosted By District - 317

INNER WHEEL CLUB OF MANGALORE NORTH IW DISTRICT 318

As it steps into its Golden Jubilee Year, Inner Wheel Club of Mangalore North, District 318 beckons one and all to the District Rally "SWARNAPARBHA" to be held on Sunday, 1 October 2023 at Mangalore.

Mangalore, the land of beautiful beaches, temples, hub of Educational Institutions and once the fountain head of the Indian Banking system attracts tourist and students from all over the world.

Please block this date to attend and experience the exquisite cuisine of Tulu Nadu, its rich Culture and Heritage. We promise you limitless fun, exquisite food and great time.

We would love to have you participate in our Golden Jubilee event which will truly be a crowning glory. Coincidentally and to our greatest fortune the centennial year of Inner Wheel coincides with our Golden Jubilee year.

We assure you that no efforts will be spared to make the event the most memorable one.

Please mark the date on your calendar

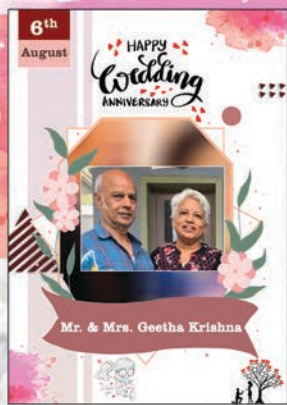
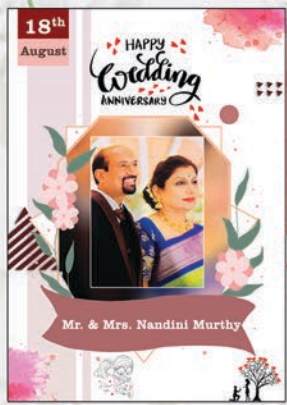
Date: 1 October 2023

Place: T V Raman Pai Convention Centre, Mangalore.

We welcome you to enjoy the Tulu Nadu Vaibhava SWARNAPARBHA.



Best Wishes





ಶ್ರಾವಣ ಮಾಸದ ಹಬ್ಬಗಳ ಸಂಭ್ರಮ

ಶ್ರಾವಣವು ಪವಿತ್ರವಾದ ಮಾಸ. ಧಾರ್ಮಿಕ ಕಾರ್ಯಗಳಿಗೆ, ಭಗವಂತನ ಒಲುಮೆಯನ್ನು ಪಡೆಯಲು ಪ್ರಶಸ್ತವಾದ ಕಾಲವಾಗಿದೆ. ಶ್ರಾವಣ ಸೋಮವಾರ, ಮಂಗಳ ಗೌರಿ ವ್ರತ, ವರ ಮಹಾಲಕ್ಷ್ಮೀ ವ್ರತ ಹೀಗೆ ಅನೇಕ ಹಬ್ಬ ಮತ್ತು ವ್ರತಗಳನ್ನು ಆಚರಿಸುವ ಪುಣ್ಯಕಾಲ. ಈ ಮಾಸದಲ್ಲಿ ಶಿವನನ್ನು ಆರಾಧಿಸಿದರೆ ಪುಣ್ಯಫಲವನ್ನು ಹೊಂದಬಹುದಾಗಿದೆ.

ಶ್ರಾವಣ ಮಾಸದಲ್ಲಿ ಬರುವ ಮೊದಲ ಹಬ್ಬ ನಾಗರ ಪಂಚಮಿ. ನೀವು ಕೇಳಿರಬಹುದು, ನಾಗರ ಪಂಚಮಿ ನಾಡಿಗೆ ದೊಡ್ಡದು ಎನ್ನುವ ಮಾತಿದೆ. ಈ ದಿನ ನಾಗಪ್ಪನಿಗೆ ತನಿ ಅಂದರೆ ಹಾಲನ್ನು ಎರೆಯಲಾಗುತ್ತದೆ. ಈ ದಿನ ನಾಗರ ಪೂಜೆ ಮಾಡಿದರೆ ಸರ್ವ ದೋಷಗಳಲ್ಲೂ ನಿವಾರಣೆ ಆಗುತ್ತದೆ.

ಶ್ರಾವಣ ಮಾಸದಲ್ಲಿ ಶ್ರೀ ಕೃಷ್ಣ ಜನ್ಮಾಷ್ಟಮಿ, ರಕ್ಕಾ ಬಂಧನ ಮತ್ತು ಉಪಾಕರ್ಮ ಹಬ್ಬಗಳನ್ನು ಆಚರಿಸಲಾಗುವುದು.

ಧಾರ್ಮಿಕ ಕಾರ್ಯಗಳು, ಹಬ್ಬಗಳು ಸಾಲು ಸಲಾಗಿ ಬರುವ ಮಾಸ ಶ್ರಾವಣ.ಈ ಮಾಸದ ಎಲ್ಲ ದಿನಗಳೂ ಶುಭವೇ ಆಗಿದೆ. ಅಷ್ಟೇ ಅಲ್ಲದೆ, ಮೊದಲನೆಯ ಬಾರಿಗೆ ಯಾವೂದಾದರೂ ಕೆಲಸವನ್ನು ಆರಂಭಿಸಲು ಇದು ಪ್ರಶಸ್ತವಾದ ತಿಂಗಳು ಎಂದೇ ಹೇಳಬಹುದು.

ನಮ್ಮ **Inner Wheel Club Of Mysore Midtown** ನ ಸದಸ್ಯರು ಆಚರಿಸಿ ಸಂಭ್ರಮಿಸಿದ ವರಮಹಾಲಕ್ಷ್ಮೀ ಹಬ್ಬದ ಚಿತ್ರಗಳು.



ನಮಸ್ತೇಸ್ತು ಮಹಾಮಾಯೀ ಶ್ರೀಪೀಠೇ ಸುರಪೂಜತೇ|
ಶಂಖಚಕ್ರ ಗದಾಹಸ್ತೇ ಮಹಾಲಕ್ಷ್ಮೀ ನಮೋಸ್ತು ತೇ||



Mrs. Ashwini Prakash



Mrs. Vyjayanthi Mahesh
Treasurer



PP Mrs. Sudha Vishwanath



Mrs. Sandhya Suresh
secretary



Mrs. Aruna Rakesh



Mrs. Kala Satyendra



PP Mrs. Asha Mahesh



PP Mrs. Rashmi Kaveramma



Mrs. Trish Douglas
IIVW President, GBS&I



Mrs. Preeti Gugnani
Association President



Mrs. Poornima Ravi
District Chairman



Mrs. S.Muveen Suryani
(Saba)
President



Mrs. Sandhya Suresh
Secretary



Mrs. Jayalakshmi Rajeev
Editor



India's Independence Day is celebrated on 15 August every year, and this year, India celebrated its 77th Independence Day. The main event of the Independence Day celebrations takes place at the Red Fort in Delhi, where the Prime Minister of India hoists the national flag and delivers a speech to the nation. Other events held on Independence Day include flag-hoisting ceremonies, parades, cultural programs, and fireworks.

Independence Day is a day to remember the sacrifices made by the freedom fighters who fought for India's independence and to reaffirm the commitment to building a strong and prosperous India.

Some of the ways India celebrates its Independence Day are:

- Flag-hoisting ceremonies are held at government buildings, schools, and other public places.
- Parades are held in major cities, showcasing the country's military and cultural heritage.
- Cultural programs are held, featuring traditional dances, music, and folk songs.
- Fireworks displays are held in the evening, lighting up the sky.

Independence Day is a time for Indians to come together and celebrate their freedom and unity. It is a day to remember the past and look forward to the future with hope and optimism.